



Girls Matter!

A webinar series addressing adolescent girls' behavioral health

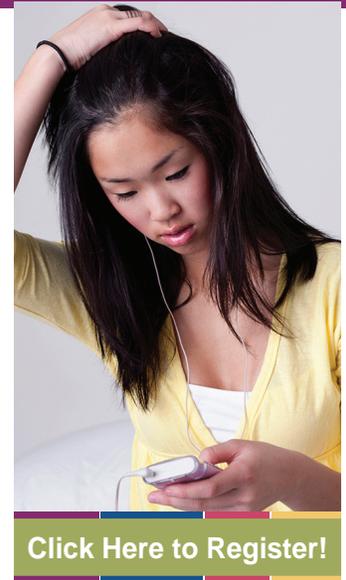
Digital Girls: Confession, Connection, and Disconnection

Remember when teen girls put private thoughts in their diaries or on notes, showing them to only their closest friends? Today, girls communicate dreams, thoughts, and impulses with texting, posting videos, blogging, chatting, and sharing, photos, photos, and more photos. Social media is part of the worldview and way of life of adolescent girls. It offers information, opportunity for connection, and support in both unhealthy and healthy behaviors. After completing this webinar, participants will have an understanding of how the digital world influences girls' identities, relationships, mental health, and wellness; what providers and supporters should know about the digital world of girls; and how professionals can use technology to reach, engage with, and support girls in achieving recovery and resiliency.

Participants will be able to summarize:

- What it means to be a "digital native" and how this affects girls' worldviews
- How social media is changing the ways girls connect and relate
- Risky and unhealthy technological behaviors
- Technological advances in behavioral health and recovery supports

TUESDAY, MAY 20, 2014 • 3:00–4:30 PM ET (2:00 CT, 1:00 MT, 12:00 PT)



[Click Here to Register!](#)

Featured Speakers



Rachel Simmons — Bestselling Author & Educator

Ms. Simmons authored *The New York Times* bestsellers *Odd Girl Out: The Hidden Culture of Aggression in Girls*, which was adapted into a highly acclaimed Lifetime television movie, and *The Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence*. As an educator, she works internationally to empower young women to be more authentic, assertive, and self-aware. She currently develops leadership programs for undergraduate women at the Center for Work and Life at Smith College, and co-founded the Girls Leadership Institute. Ms. Simmons hosted the recent PBS television special *A Girl's Life* and is a contributing writer for *Teen Vogue*. She has appeared on Oprah and the Today show, and appears regularly in the national media. She is a Vassar graduate and Rhodes Scholar.



Danielle Tarino — Public Health Advisor, SAMHSA

Ms. Tarino is a Public Health Advisor for the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services. She manages a Targeted Capacity Expansion — Technology Assisted Care grant portfolio. This program implements health information technology into substance abuse treatment. Before joining SAMHSA, Ms. Tarino was a Resident Assistant at the Rutgers Recovery House for students in recovery from alcohol and other drugs. She has a B.A. in Political Science from Rutgers.

Earn 1.5 CEHs While Updating Your Knowledge on Adolescent Girls



NAADAC and NBCC CEHs are available through the ATTC Network Coordinating Office. These CEHs are also recognized by many other licensing boards; contact your licensing board for more information. There is no charge for CEHs during the live webinars; simply complete a post-test at the end.