Girls and Substance Use: Trends, Challenges, and Opportunities

Girls' abuse of substances has been increasing, with dangerous consequences for their health and well-being. Among youth ages 12-17, girls' nonmedical use of prescription painkillers, alcohol, methamphetamine, and most other illicit drugs matches or exceeds that of boys. Adolescent girls have different intervention, treatment, and recovery support needs from those of adolescent boys or adult women. This webinar will discuss current trends in adolescent girl substance use as well as effective strategies for intervention, treatment, and support for girls. After completing this webinar, participants will have a working understanding of how the terms gender-responsive, trauma-informed, culturally relevant, recovery-oriented, family-centered, and age-appropriate apply to effective services for girls.

Participants will be able to summarize:
- Girls' substance use trends and concerns
- Girl-centered responses and interventions
- Resources for girls: recovery schools, family interventions, and the Voices Program

TUESDAY, APRIL 22, 2014 • 3:00–4:30 PM ET (2:00 CT, 1:00 MT, 12:00 PT)

Featured Speakers

Sharon Amatetti, M.P.H. — Substance Abuse and Mental Health Services Administration (SAMHSA)
Ms. Amatetti is a Senior Public Health Analyst for the SAMHSA Center for Substance Abuse Treatment and the SAMHSA Women’s Issues Coordinator. She manages an interagency agreement with the Administration on Children, Youth, and Families, which includes developing and managing a National Center on Substance Abuse and Child Welfare.

Candice Norcott, Ph.D. — Licensed Clinical Psychologist
Dr. Norcott coordinates the behavioral science curriculum for a Family Medicine Residency Program and provides community outpatient psychological services. She is a certified training associate for Dr. Stephanie Covington’s Voices, and has conducted workshops in adolescent substance abuse, juvenile probation, and mental health treatment programs among other settings.

Andrew J. Finch, Ph.D. — Practice of Human and Organizational Development at Vanderbilt University
Dr. Finch is Associate Professor of the Practice of Human and Organizational Development at Vanderbilt University. He is a co-founder of the Association of Recovery Schools.

Cynthia Rowe, Ph.D. — University of Miami Miller School of Medicine’s Center for Treatment Research on Adolescent Drug Abuse (CTRADA)
Dr. Rowe is Research Associate Professor of Public Health Sciences at the University of Miami Miller School of Medicine’s Center for Treatment Research on Adolescent Drug Abuse (CTRADA). She works with her colleagues to promote the translation of research findings into practice and to train providers to implement Multidimensional Family Therapy (MDFT).

Earn 1.5 CEHs While Updating Your Knowledge on Adolescent Girls

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