Growing Up Girl: Adolescent Development and the Unique Issues Facing Girls

What does it mean to be an adolescent girl today? This session provides an overview of girls’ development and growth during adolescence and the opportunities and risks that they face. Topics include physical changes, socialization, roles and relationships, identity development, risks, and resiliency as factors affecting girls during this critical time. After completing this webinar, participants will have a basic understanding of developmental issues for adolescent girls that will support more effective work with girls and young women ages 12 to 18.

Participants will be able to describe:

• Typical and atypical developmental trajectories
• The role of peer and family relationships
• The impact of culture and values
• Strategies for fostering resiliency and empowerment

TUESDAY, FEBRUARY 25, 2014 • 3:00–4:30 PM ET
(2:00 CT, 1:00 MT, 12:00 PT)

Trina Menden Anglin, M.D., Ph.D. — Health Resources And Services Administration
Dr. Anglin is Chief of the Adolescent Health Branch at the Health Resources and Services Administration’s Maternal and Child Health Bureau in the U.S. Department of Health and Human Services, where she has worked since 1996. The Adolescent Health Branch provides national leadership in promoting the health, development, safety, and social and emotional well-being of all school-aged children, adolescents and young adults in the United States.

Elizabeth Miller, M.D., Ph.D. — Children’s Hospital of Pittsburgh of UPMC
Dr. Miller is Chief of Adolescent Medicine at Children’s Hospital of Pittsburgh of UPMC and Associate Professor of Pediatrics, University of Pittsburgh School of Medicine. Her research focuses on the impact of gender-based violence on young women’s health. She currently heads a CDC-funded sexual violence prevention program study as well as NIH-funded studies on partner violence intervention in the reproductive clinic setting. Dr. Miller is involved in projects to reduce gender-based violence and improve adolescent girl and young adult women’s health in India and Japan.

Scyatta Wallace, Ph.D. — St. John’s University
Dr. Wallace has over 15 years’ experience working with youth and youth-serving organizations. She has a doctorate in developmental psychology from Fordham University and a B.A. in psychology from Yale University. Dr. Wallace is currently Associate Professor in the Department of Psychology at St. John’s University, and she has received research funding from NIH, CDC, and others. She coauthored the 2013 report “Gender Norms: A Key to Improving Health & Wellness Among Black Women & Girls.”

Earn 1.5 CEHs While Updating Your Knowledge on Adolescent Girls

NAADAC and NBCC CEHs are available through the ATTC Network Coordinating Office. These CEHs are also recognized by many other licensing boards; contact your licensing board for more information. There is no charge for CEHs during the live webinars; simply complete a post-test at the end.