SAMHSA Tribal Training and Technical Assistance Center

Intensive Training and Technical Assistance (TTA) Cohort 12 Benefits of Participation

What is the Tribal Training and Technical Assistance Center?

The Tribal Training and Technical Assistance (TTA) Center is a project of the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services. The Tribal TTA Center team will provide comprehensive Broad, Focused, and Intensive TTA to federally recognized tribes and other American Indian and Alaska Native (AI/AN) communities seeking to address and prevent mental and substance use disorders and suicide and to promote mental health.

The Tribal TTA Center team will provide Intensive TTA to the selected Cohort 12 AI/AN communities to build community capacity to plan, implement, and sustain culturally relevant, evidence-based, holistic preventive efforts. To date, the Tribal TTA Center's Intensive TTA has engaged 65 AI/AN communities through Cohorts 1 through 11 and is currently engaging 5 more selected AI/AN communities as part of Cohort 12, for a total of 70 communities to be served through March 2026.

Tribal TTA Center's Philosophy

AI/AN communities have the knowledge, capacity, and strength to address and prevent mental and substance use disorders and suicide and to promote mental health.

Their cultural beliefs and practices provide a foundation for taking action, solving problems, and promoting lasting wellness.

The Tribal TTA Center's Intensive TTA provides tools and resources to help.

How will my community benefit?

Communities gain short- and long-term benefits from their participation in Intensive TTA to develop and implement sustainable prevention plans. These benefits include increased capacity, skills, and knowledge for community-wide prevention of mental and substance use

disorders and suicide and the promotion of mental health. The following sections provide specific examples of short-term benefits, long-term benefits, and community contributions.

Short-term benefits

Participating communities receive the following short-term benefits:

- Individualized TTA focused on prevention;
- Coordination support to form an oversight panel and TTA to develop and implement a Community Prevention Plan or Community Sustainability Plan (CPP/CSP);
- Onsite and virtual trainings; Intensive TTA coordinator and community lead contact will work together to schedule all onsite and virtual training to include:
  - Introductory site visit,
  - Community Readiness Assessment training,
  - Gathering of Native Americans or Gathering of Alaska Natives event,
  - Technical assistance site visit, and
  - Sustainability site visit.
- TTA on evidence-, practice-, and culture-based interventions;
- TTA on topics including but not limited to:
  - Suicide prevention,
  - Mental and substance use disorder prevention,
  - Mental health promotion,
  - Cultural resilience and historical trauma,
  - Community partnership and coalition building,
  - Grief and loss,
  - Outreach messaging,
  - Youth and elder engagement,
  - Digital storytelling,
  - Postvention,
  - Crisis response,
  - Cultural considerations in gatekeeper training,
  - Youth leadership, and
  - Community-based evaluation.
- Community funds (totaling up to $25,000) to support the implementation of the CPP/CSP and for the hiring of a community-based coordinator or additional consultants to provide evidence-based training and support to implement the sustainability plan interventions (totaling up to $10,000).

Long-term benefits

The Tribal TTA Center provides capacity-building services to communities that result in the following long-term benefits:

- Increased awareness of how mental and substance use disorders and suicide affect the community, and how to promote mental health effectively;
- The identification of cultural strengths and resilience factors that protect AI/AN children, youth, and families;
- The development of a prevention framework based on AI/AN culture, values, and traditions;
- Increased collaboration among community agencies;
- Sustained prevention efforts beyond the duration of the project; and
- Increased capacity to submit competitive grant applications to support ongoing prevention efforts.

Community contributions

Participating communities are asked to make the following contributions to the project:

- Identify and form a community-based team, including a lead contact, co-lead contact, lead agency, and an oversight panel;
- Have leadership commit to the Tribal TTA Center's Intensive TTA goals;
- Provide in-kind resources (e.g., meeting space, staff time, event promotion);
- Participate in the Intensive TTA project evaluation;
- Form a partnership between the Tribal TTA Center's Intensive TTA support and existing community prevention efforts; and
- Collaborate with the Tribal TTA Center's Intensive TTA staff to plan and conduct onsite and virtual community trainings and events.

More information

For more information about the Tribal TTA Center's Intensive TTA, please contact TTA Task Coordinator Jacelyn Salabye at jsalabye@tribaltechllc.com or (703) 215-6063.