

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



NLCP Opioid Qualifying PT Results

Cynthia Lewallen, M.S.

RTI International



Timeline for Qualifying PT Activities

- January 23, 2017 - Revisions to the Urine Mandatory Guidelines published with effective date of October 1, 2017
 - Addition of four new analytes
 - Addition of MDA as an initial test analyte
 - Raising pH cutoff for reporting as adulterated from 3.0 to 4.0
- March 7, 2017 - NLCP sent 18 practice samples to laboratories
 - Identified with the single analyte, target concentration, and mean concentration from 5 laboratories
 - Verify performance of immunoassay and confirmation methods
 - Not required to report results

Timeline for Qualifying PT Activities (cont'd)

- May 1, 2017 - Set 1 of Qualifying PT samples shipped
- June 12, 2017 - Set 2 shipped
- July 24, 2017 - Set 3 shipped
- October 9, 2017 - First Maintenance PT set incorporating the new opioids and pH adulteration change will be shipped to all NLCP laboratories
 - **One time total of 40 PT samples with an additional week for testing**

New Analytes and Cutoffs

Analyte	Initial Cutoff (ng/mL)	Confirmatory Cutoff (ng/mL)
Hydrocodone (HYC)	300	100
Hydromorphone (HYM)	300	100
Oxycodone (OXYC)	100	100
Oxymorphone (OXYM)	100	100

Opioid Confirmatory Instrumentation

Analyte	GC-MS	LC-MS/MS
COD, MOR (before revised Guidelines)	26	1
COD, MOR	18	9
HYC, HYM, OXYC, OXYM	14	13

Qualifying PT Design

- Initial and confirmatory test for all analytes on all samples
- Analyte concentrations range from 0.4 to 20 times the confirmatory cutoff
- Potential interferences
- Hydrolysis efficiency
- MDA initial test
- pH challenges

Opioid PT Design

Purpose	Set 1	Set 2	Set 3
Initial test challenge (0.5x cutoff)		X	
Initial test challenge (at cutoff)			X
Initial test challenge (1.25x cutoff)	X		
Initial test challenge (1.5x cutoff)		X	
Initial test challenge (2x cutoff)	X		
40% of conf. cutoff (no interferences)	X	X	X
Interferences with analytes at 40% of conf. cutoff	X	X	X
Hydrolysis challenge	X	X	
Various conf. quantitation challenges	X	X	X

Set 1 - Immunoassay Performance

<u>Single Analyte Per Sample</u>	Confirm Group Mean (ng/mL)	Thermo-fisher DRI (Pos/Labs)	Siemens EMIT (Pos/Labs)	Lin-Zhi (Pos/Labs)
HYC	388	28/28		
HYM	380	28/28		
OXYC	131	23/23	4/4	1/1
OXYM	131	23/23	4/4	1/1

Glucuronide samples

Analyte	Target Glucur- onide (Free) (ng/mL)	Hydrolyzed Confirm Group Mean Free (ng/mL)	Thermo- fisher DRI (Pos/Labs)	Siemens EMIT (Pos/Labs)	Lin-Zhi (Pos/ Labs)
HYM gluc	1,215 (736)	772	28/28		
OXYM gluc	403 (250)	250	23/23	0/4	1/1

Set 2 - Performance at the Cutoff

Analyte	Mean (ng/mL)	Acceptable range	Minor errors
HYC	105	83 – 127	2
HYM	101	81 – 121	1
OXYC	103	81 – 125	2
OXYM	102	78 – 126	1

- Each opioid at the confirmation cutoff
- Only minor errors
 - One lab – all four analytes
 - One lab HYC and OXYC only

Opioid Minor Errors

Analytes	Quantitative Errors		
	Minor >20% from mean		
	Set 1	Set 2	Set 3
HYC	4	4	1
HYM	7	3	
OXYC	4	4	5 ^a
OXYM	3	3	5 ^a
Total errors (%total results)	18 (2.7%)	14 (2.0%)	11 (1.5%)

a: single lab with 9 of 10 errors

Opioid Major Errors

Analytes	Quantitative Errors		
	Major >50% from mean		
	Set 1	Set 2	Set 3
HYC			1 ^b
HYM			
OXYC			
OXYM			
Total errors (%total results)			1 (0.1%)

b: norhydrocodone present = 4,000 ng/mL

Confirmation False Negatives

Analytes	Confirmation False Negatives		
	Set 1	Set 2	Set 3
HYC	4 ^c		
HYM	3 ^c		
OXYC	3 ^c		2 ^d
OXYM	3 ^c		
Total errors (%total results)	13 (1.9%)		2 (0.3%)

c: all but 1 false negative due to interference from codeine=39,041 and morphine=39,566 ng/mL

d: noroxycodone and noroxymorphone present = 1,000 ng/mL each

Set 1 Remedials

- Most common error: confirmation false negative
 - Interference from high levels of morphine and codeine with opioids at 40% of the cutoff
 - Integration and/or ion ratio errors
- One lab changed from GC-MS to LC-MS/MS
- Another lab validated an alternate GC-MS method
- Other labs revised methods

Set 2 Remedials

- Only minor quantitation errors (outside +/- 20%)

Set 3 Remedials

- Confirmation false negative for OXYC
 - Integration error – staff training
 - Ion ratio errors – method modifications
- Quantitation errors (11 minor, 1 major)
 - One lab with 9 minor quantitation errors due to degradation of OXYC and OXYM calibrator
 - Purchase calibrator from commercial source
 - May change from GC-MS to LC-MS/MS
 - One major quantitation error due to interference from norhydrocodone
 - Developed alternate method

Summary of Qualifying PT Sets

- No false negative immunoassay results for the new opioids at 1.25x the cutoff
- Confirmatory quantitative challenges for the new opioids had minor error rates similar to the current analytes
- All required remedial actions for PT errors will be completed by October 1
- Method validations and qualifying PT data reviewed at inspections starting in September