



Native Connections

Training and Technical Assistance

Self-Assessment

Each tribal and urban American Indian/Alaska Native community is unique and possesses different levels of infrastructure, planning structures, staffing, and financial, human, and cultural resources. The goal of the Native Connections (NC) Training and Technical Assistance (TTA) Self-Assessment is to 1) help you assess your current strengths, skills, and knowledge for implementing your NC grant, and 2) help you identify additional TTA that would further strengthen your community's prevention activities, protocols, and practices.

Training is defined as a process of teaching someone a new skill. Technical assistance is a form of professional guidance and support. It uses tools, promotes accountability, and focuses on achieving the goals of the grant. Technical assistance is a collaborative and interactive process that serves as a sounding board for ideas and helps grantees implement grant activities. It is a process of coaching, guiding, and empowering that respects grantees' capability and pace. The goal is to help grantees be successful in completing their grant requirements.

Your NC Coordinator will help you review the NC TTA Self-Assessment, check the boxes accordingly and add any pertinent information. This process may need to happen over a series of calls. Once complete, you and your NC Coordinator can prioritize your TTA needs. We encourage you to utilize and even adapt this tool in the future to assist you in determining your TTA needs for this and other grants. We look forward to providing TTA to help you fulfill the goals of your grant. Thank you for your assistance in conducting this brief self-assessment of your TTA needs and preferences.





Section 1

✓	Infrastructure, staff hiring, and training	Please enter your TTA needs
	We have adequate equipment, laptops, and phone service with speaker phone for receiving emails and participating in conference calls.	
	We are comfortable with webinar technology and have successfully joined webinars with few technical issues.	
	We sometimes have connection problems when joining webinars due to internet access, weather, vague connection instructions or other issues.	
	We have developed and delivered webinars.	
	We currently have job descriptions for grantee positions.	
	We have developed an orientation and training plan for NC staff.	
	We anticipate some barriers to hiring staff in a timely manner and need assistance with alternative strategies for meeting the needs of the grant.	
	We have identified volunteers (including elders, youth, and community members) to assist us with outreach and program tasks.	
	What additional information about staff training and hiring would you add?	



Section 2

✓	Identifying potential community stakeholders and advisory group membership	Please enter your TTA needs
	We have developed a flyer and introductory email about our NC grant and community vision to engage stakeholders.	
	We currently have a coalition or advisory group in place for our NC grant.	
	We have a plan for identifying potential partners from tribal leadership, community organizations, and cultural groups.	
	We currently have MOU/MOAs in place with organizations to assist us with grant implementation and ongoing prevention activities in the community.	
	We have developed specific strategies for engaging youth in advisory groups and other prevention activities including planning and implementation.	
	We have developed a relationship with the school(s).	
	We have identified space and other resources for meetings and trainings.	
	We would like TTA for sustaining partners' involvement.	
	We currently meet or plan to meet with the Tribal Council or other administrative body on a regular basis to present information on grant activities, including staff hiring and training.	



	What additional information would you like about advisory group development and potential partners?	
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Section 3

✓	Community assessment and readiness	Please enter your TTA needs
	We have conducted a Community Readiness Assessment using the Community Readiness Model (CRM) in the past (please list dates of your most recent assessment.)	
	We have received CRM training in the past (please list all staff/advisory panel members who have been trained.)	
	We have conducted needs assessments in the past.	
	We have experience with other types of community assessments (please list.)	
	We have limited experience conducting community assessments but have some knowledge the community at large, including community systems, programs, and stakeholders.	
	What additional information would you like about community assessment and readiness?	



Section 4

✓	Collecting data on suicide and substance abuse prevention	Please enter your TTA needs
	We have a system for collecting data from schools, health and mental health service providers, and other local sources about suicide and substance misuse in our community.	
	We have experienced barriers to collecting local data related to agency restrictions and other issues.	
	We do not currently collect data locally but have access to statewide and national data related to substance misuse and suicide.	
	What additional information would you like about data collection?	

Section 5

✓	Youth engagement and youth leadership development	Please enter your TTA needs
	We currently have an active youth council or youth group that provides input for our community prevention planning and implementation.	
	We have developed and utilized strategies to engage youth and sustain their involvement in prevention planning and activities.	
	We have access to training on youth engagement and youth leadership development (i.e. UNITY, etc.)	



	We have an ongoing youth leadership development program in our community.	
	We have experienced barriers to engaging youth in our community.	
	What additional information would you like about youth engagement and youth leadership?	

Section 6

✓	Developing strategic action plans	Please enter your TTA needs
	The tribe/community currently has a Tribal Action Plan (TAP) in place, or is currently working to develop a TAP under the Tribal Law and Order Act (TLOA.)	
	We currently have a strategic action plan in place related to substance abuse and suicide prevention.	
	We have experience with developing logic models to include in strategic action plans.	
	We have received training in developing strategic action plans including developing SMART goals and objectives.	
	We have developed a mission and vision statement for our prevention program.	
	What additional information would you add about developing strategic action plans?	



Section 7

✓	Public Health Approach	Please enter your TTA needs
	We have a good understanding of the Public Health Approach in prevention.	
	Our strategic plan will reflect a tiered I, II, and/or III (universal, selected, and indicated) prevention approach.	
	We have identified risk and protective factors of substance abuse and suicide in our community.	
	We have experience aligning interventions with risk and protective factors when developing strategic plans.	
	What additional information would you like about the public health approach?	

Section 8

✓	Trauma-informed approaches and practices	Please enter your TTA needs
	We are currently implementing trauma-informed practices within our health, mental health, and health related services and systems.	
	We have received training on trauma-informed approaches and practices but have not yet implemented them within our health, mental health, and health related services.	



	Our trauma informed approaches and practices are aligned with our cultural values and beliefs.	
	What additional information would you like about trauma-informed approaches and practices?	

Section 9

✓	Implementation of community trainings and best practices	Please enter your TTA needs
	We currently provide substance misuse, suicide prevention, and other wellness trainings that strengthen grant activities (please list the names of available trainers or contact numbers for organizations providing training.)	
	We have access to substance misuse, suicide prevention, and wellness trainings and resources through community partners and other organizations (please list organizations that provide training.)	
	We have identified training(s) and a schedule to implement the grant.	
	We have access to tools/resources to determine if evidence-based and practice-based interventions/trainings will align with our tribal and cultural values and best practices.	
	We are interested in additional prevention training(s) to build the capacity of our community.	
	What additional information would you like about implementation of community trainings and best practices?	



Section 10

✓	Developing protocols, policies and procedures for substance misuse and suicide prevention.	Please enter your TTA needs
	We have policies and procedures in place related to substance misuse and suicide prevention. (Please list the policies and procedures you currently have in place.)	
	We have a postvention plan in place to address and prevent suicide during a crisis (if possible, please share a copy of your postvention plan.)	
	We are familiar with the policies of other agencies that relate to substance misuse and suicide prevention, i.e. Indian Health Service, tribal clinic, urban health centers, etc.	
	We are familiar with how to make policy and procedure changes in our community related to substance misuse and suicide.	
	We are not sure what policies, procedures, and protocols exist in our community related to substance misuse and suicide.	
	What additional information would you like related to policies, procedures, and protocols for substance misuse and suicide prevention?	



We value your feedback and input to help guide us in better serving you.

Was this tool helpful?

How could we improve the NC TTA Self-Assessment?

Please share what additional information you would like to provide about your TTA needs and preferences:

Thank you!

NC Coordinator's Notes: