Fill in the blank within each prevention sentence with an adjective, verb, or noun. Read it back and share on social media to build your #MyPreventionStory.

**GENERAL**
Prevention makes me feel ____________________________.
I am able to ____________________________ because of prevention.
My life is ____________________________ because of prevention.
I ____________________________ to take care of my mental health.
I ____________________________ to prevent substance use.
I feel safe and healthy because I ____________________________.

**PERSONAL STORY**
I use ____________________________ as a prevention activity.
Resources from ____________________________ help me in my prevention journey.
I look to ____________________________ for support in my prevention journey.

**PROFESSIONAL STORY**
At my organization, we ____________________________ to support prevention journeys.
My career is ____________________________ because of the work I do towards prevention.
I feel ____________________________ by my colleagues and the work being done in the field of prevention.