# SAMPLE BLOG POST COPY

**National Prevention Week 2024**

[ORGANIZATION NAME] is joining the Substance Abuse and Mental Health Services Administration (SAMHSA) to celebrate National Prevention Week 2024! National Prevention Week is a national public education platform sponsored by SAMHSA that showcases the work of communities and organizations across the country dedicated to raising awareness of the importance of substance misuse prevention and positive mental health.

National Prevention Week will take place from May 12 to 18, 2024. Every day and everywhere, whether we make healthy choices for ourselves or inspire others to do so, the small actions we take can change lives for the better. It’s especially vital to help young people make prevention choices every day: According to the [2022 National Survey on Drug Use and Health (NSDUH) report](https://www.samhsa.gov/data/sites/default/files/reports/rpt42731/2022-nsduh-main-highlights.pdf), adolescents aged 12 to 17 in 2022 that had a major depressive episode (MDE) in the past year were more likely than those without a MDE to have used illicit drugs in the past year.

Think of all the connections between people in your neighborhood, town, or city. One person’s mental health or substance misuse issue can affect the lives of many others in a community. Prevention begins with each of us, and we know prevention actions can happen in many places in and around your community. Prevention happens in homes, workplaces, schools, and many other community settings.

[INSERT 1 OR 2 SENTENCES ABOUT YOUR ORGANIZATION’S SPECIFIC INITIATIVES RELATED TO SUBSTANCE MISUSE PREVENTION AND/OR MENTAL HEALTH PROMOTION]

You can join [ORGANIZATION NAME] in celebrating National Prevention Week 2024 by [INSERT DETAILS OF NATIONAL PREVENTION WEEK OR WAYS TO BECOME INVOLVED WITH SUBSTANCE MISUSE PREVENTION/MENTAL HEALTH PROGRAMMING AT YOUR ORGANIZATION].

Visit the [National Prevention Week website](http://www.samhsa.gov/prevention-week) to learn more about how to get involved and make prevention happen where you are.

We are inspired that the simple, daily actions done by individuals—combined with the actions of families, communities, and coalitions—come together to make up the larger, bold movement of prevention. Let’s inspire action to change lives during National Prevention Week 2024, and let’s make prevention happen *every* week throughout the year.