

Resources from the Interactive Models Assessment and Planning Guide

Part 1 > Getting Ready: Planning to Develop Your IECMHC Model

Setting the Frame for Culturally and Linguistically Sensitive Services

1. Promoting Equity and Reducing Disparities section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox>
2. Diversity Informed Tenets of IMH: <https://imhdivtenets.org/tenets-handout/>

Step 1: Developing a Core Team

1. Core Team Action Plan in the Models Section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/models>

Step 2: Completing a Needs Assessment

1. Sample Needs Assessment for Infant and Early Childhood Mental Health Consultation in the Models Section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/models>

Step 3: Creating an Overarching Vision

1. Developing and Disseminating a quality IECMHC Vision tip sheet in the Models Section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/models>
2. Developing a Vision Statement Module: <http://www.ecmhc.org/tutorials/developing/index.html>
3. *Developing and Implementing a Program-wide Vision for Effective Mental Health Consultation* by Beth L. Green & Mary Dallas Allen: http://ecmhc.org/documents/CECMHC_AdministratorsToolkit.pdf

Step 4: Securing and Sustaining Funding

1. Financing section of the IECMHC Toolbox for Financing Guidance for Infant and Early Childhood Mental Health Consultation: <http://samhsa.gov/iecmhc/toolbox/financing>

Step 5: Determining Your Audience(s):

1. Determining Your Audience Planning Tool in the Models Section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/models>
2. Use Sample Needs Assessment data to help identify your audience(s) and be sure to consider limitations or obstacles in determining your audience for IECMHC services. The Sample Needs assessment can be found in the Models Section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/models>

3. Financing section of the IECMHCToolbox for Financing Guidance for Infant and Early Childhood Mental Health Consultation: <http://samhsa.gov/iecmhc/toolbox/financing>

Step 6: Developing a Theory of Change

1. Diversity Informed Tenets: <https://imhdivtenets.org/tenets/>
2. Interactive Logic Model Guide for Infant and Early Childhood Mental Health Consultation in the Research and Evaluation section of the IECMHCToolbox: <http://samhsa.gov/iecmhc/toolbox/research-evaluation20>
3. Theory of Change Examples from GUCCHD and Arizona's Smart Support Program in the Research and Evaluation section of the IECMHCToolbox: <http://samhsa.gov/iecmhc/toolbox/research-evaluation20>
4. Tutorial 8, Module 2: Building a Mental-Health Specific Strategic Plan: http://www.ecmhc.org/tutorials/developing/mod2_0.html
5. *Building a Mental-Health Specific Strategic Plan section in Developing and Implementing a Program wide Vision for Effective Mental Health Consultation*, Beth L. Green & Mary Dallas Allen.: http://ecmhc.org/documents/CECMHC_AdministratorsToolkit.pdf

Part 2 > Taking Action: Engaging in the Work

Step 7: Identifying Services Provided

1. Crosswalk of Early Childhood Mental Health Services in the Models Section of the IECMHCToolbox: <http://samhsa.gov/iecmhc/toolbox/models>
2. Types of Consultation Services in the Models Section of the IECMHCToolbox: <http://samhsa.gov/iecmhc/toolbox/models>
3. Sample Planning Form in the Models Section of the IECMHCToolbox: <http://samhsa.gov/iecmhc/toolbox/models>
4. National Center on Early Childhood Health and Wellness, Child and Family Focus Section and Classroom and Home Section: <https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/mental-health/ec-mental-health-consultation/mh-consultation-tool>
5. Center for Early Childhood Mental Health Consultation Tutorial 2: <http://www.ecmhc.org/tutorials/defining/index.html>
6. Center for Early Childhood Mental Health Consultation's *Day in the Life Vignettes*, Mackrain, M. (2011). http://www.ecmhc.org/documents/Day_in_the_Life_MH_Consultant.pdf



7. Core Services Planning Document/Services Provided Planning Form in the Models Section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/models>

Step 7a: Identifying Your Consultation Process

1. National Center on Early Childhood Health and Wellness, Classroom and Home Section:
<https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/mental-health/ec-mental-health-consultation/mh-consultation-tool>
2. Maryland's Early Childhood Mental Health Consultation (ECMHC) Guide: Standards, Rationale, and Guidance by Mary Mackrain, Deborah F. Perry, Karen Pell, and Dana Yates (2011). Part 1: High-Quality Services provides a rationale and guidance for consultation process steps:
<https://theinstitute.umaryland.edu/topics/ebpp/docs/ECMHC/FINALformattedECMHCGuideNarrative.pdf>
3. National Center on Early Childhood Health and Wellness, Child and Family Focus Section:
<https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/mental-health/ec-mental-health-consultation/mh-consultation-tool>
4. Center for Early Childhood Mental Health Consultation's *Day in the Life Vignettes* by Mary Mackrain (2011).: [http://www.ecmhc.org/documents/Day in the Life MH Consultant.pdf](http://www.ecmhc.org/documents/Day_in_the_Life_MH_Consultant.pdf)
5. A Guide to Process Mapping (a simple process-mapping resource):
<http://members.thefis.org/assets/Uploads/FactFile-Information-Sheets/Best-Practice-A-Guide-to-Process-Mapping.pdf>
6. PP from DOHVE (HVTA center) on Process mapping:
<http://www.jbassoc.com/ReportsPublications/DOHVE%20Process%20Mapping%20101%20May%207%202013%20FINAL.pdf>
7. Recorded Webinar on process mapping:
<http://www.jbassoc.com/ReportsPublications/DOHVE%20CQI%20Webinar%20Process%20Mapping%20101.mp4>
8. *What Works?* A Study of Effective Early Childhood Mental Health Consultation Programs:
<http://gucchd.georgetown.edu/78358.html>
9. Identifying Your Consultation Process in the Models Section of the IECMHC toolbox:
<http://samhsa.gov/iecmhc/toolbox/models>
10. Arizona's SMART Support Approach and Goodness of Fit in the Models Section of the IECMHC toolbox:
<http://samhsa.gov/iecmhc/toolbox/models>



Step 8: Identifying Capacity and Dosage

1. Considerations for Addressing Capacity and Dosage Planning Resource in the Models Section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/models>

Step 9: Considering Education, Experience, and Personal Attributes of the Consultant

1. Qualifications of an Infant and Early Childhood Mental Health Consultant in the Workforce Development Section of the IECMHC Toolbox: <http://samhsa.gov/iecmhc/toolbox/workforce-development>
2. Colorado IECMHC Interview Questions in the Models Section of the IECMHC Toolbox: <http://samhsa.gov/iecmhc/toolbox/models>
3. Infant and Early Childhood Mental Health Consultation—Competencies: <http://samhsa.gov/iecmhc/toolbox/competencies>
4. Arizona’s SMART Support Approach and Goodness of Fit in the Models Section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/models>
5. RAINE Infographic: http://indigoculturalcenter.org/wp-content/uploads/2015/11/RAINE-ecmhc_infographics_finalF_Proof5.pdf
6. Sample job descriptions: <http://gucchd.georgetown.edu/products/78366.html>

Step 10: Evaluating and Assessing IECMHC

1. Hepburn et al. (2007). *Early childhood mental health consultation: An evaluation tool kit.* : <http://gucchd.georgetown.edu/products/ECMHCToolkit.pdf>
2. Measures Used to Evaluate Outcomes in IECMHC in the Research and Evaluation section of the IECMHC toolbox: <http://samhsa.gov/iecmhc/toolbox/research-evaluation>

