

## Webinar #3: An Introduction for Home Visiting Programs and Providers Questions and Answers

**Q: Was this webinar recorded? Will it be posted online?**

A: Yes, we will be posting a video summary of this webinar presentation on [our webinar and podcasts webpage](#). We will send you an email notification as soon as the video becomes available.

**Q: Will the presentation and handouts be available?**

A: The presentation slides will not be available at this time but a recast of the webinar that incorporates the slides is available. In addition, you can access the two handouts shared on messaging of IECMHC within home visiting on [our podcasts and webinars webpage](#).

**Q: Do you offer certificates or CEUs for your webinars?**

A: Unfortunately, we are unable to provide certificates or attendance credit for our webinars at this time.

**Q: Several videos, including “It’s Time!” were highlighted during the presentation; where can I access them?**

A: We have many videos in the Toolbox, including “It’s Time!” (if that is in fact true). The best way to access all the videos in one location is to go to [our YouTube channel](#).

**Q: Very often families needing support with mental health concerns are also served by Part C. Sharing this [resource developed by HRSA and OSEP](#) that offers systems-level collaborative efforts around Part C.**

A: Thank you! We appreciate it when participants share their wealth of knowledge with fellow webinar attendees. Great information.

**Q: What size of a Home Visiting program could be served by 12 hours of consultation and/or \$18,000 budget?**

A: This is an excellent question, and of course the response will vary depending on many factors unique to your situation, including the population being served and the model you use. With that said, we wanted to provide an example of how one program, The Illinois Children’s Mental Health Partnership (ICMHP), figured out what capacity they could serve based on their workforce and budget.

The ICMHP developed a model for consultation in home visiting programs that provides 10 – 12 hours a month of Infant and Early Child Mental Health Consultation to a program, and approximately 8 hours of support and professional development to the IECMH consultant who provides the consultation. Included in the 10 – 12 hours of direct consultation to the program are services such as reflective practice with the supervisor/director, team reflective practice, and monthly participation in individual-level supervision between a home visitor and their

supervisor. These activities foster deeper discussions of the risk factors faced by families, home visitor concerns, and exploration of what each home visitor brings into relationship with the family based on their own background, history and experience. The consultant might co-facilitate a parent group with a home visitor or, at times, join the home visitor on a home visit. A sample month might include the following activities:

- 1 hour – reflective consultation with the program supervisor
- 3 hours – reflective consultation during two HV team meetings (1.5 hours each)
- 4 hours – joins 4 individual supervision sessions with home visitor and supervisor
- 1 hour – co-facilitates a monthly parent group with home visitor
- 1 hour– conducts one home visit observation
- 2 hours— travels between locations
- Total = 12 hours of consultation/month

The ICMHP pays consultants \$75 per hour of consultation, and \$35 an hour to travel. A budget of \$18,000 per year provides 20 hours per month of consultant time (12 hours of program consultation and 8 hours of support and professional development for the consultants).

These are only estimated costs and monthly hours vary. There is also variability in the cost for travel hours, mileage, and changes in schedule, so these serve as rough estimates of consultation services. Here is a link to [the ICMHP model](#) for more detail.

**Q: Did HV-ImpACT also offer a webinar on IECMHC related to home visiting?**

A: Yes. HV-ImpACT, funded through Health Resources Service Administration (HRSA)—one of the Federal partners for the Center of Excellence, along with SAMHSA and ACF—recently conducted a webinar on IECMHC within home visiting. Here is the [transcript of the HV-ImpACT webinar](#).

**Q: Working in a Part C program, where most of the services are delivered via home visitors, I could see this consultant working within a similar program. Would the Models Interactive Planning Guide help a Part C program plan for and implement MHC?**

A: The interactive planning guide is applicable to Part C programs. It allows any team to intentionally consider a series of steps that can drive the development of a quality IECMHC program. The resources and tip sheets are inclusive of home-based settings so they should be applicable to Part C work. Please contact us at [iecmhc@edc.org](mailto:iecmhc@edc.org) if you have further questions.

**Q: Are there any resources for searching for mental health consultants?**

A: There are a variety of ways you can find a MH consultant (i.e. community mental health agencies, infant mental health associations in states, NASW, APA, graduate schools in colleges and universities, etc.). There is a [useful resource on the Early Childhood Learning and Knowledge Center \(ECLKC\)](#) to help with the search.

For additional information, please email [iecmhc@edc.org](mailto:iecmhc@edc.org)

