

STEMMING THE TIDE OF SUICIDE IN AMERICA

Suicide is a serious public health problem that causes immeasurable pain, suffering, and loss to individuals, families, and communities nationwide.



1.4

MILLION ADULTS

ages 18 and older **attempted** suicide in the past year.

3.3

MILLION ADULTS

ages 18 and older **made** suicide plans in the past year.

10.7

MILLION ADULTS

thought seriously about **trying** to kill themselves.

Source: Substance Abuse and Mental Health Services Administration (SAMHSA). (2018). *Key substance use and mental health indicators in the United States: Results from the 2017 National Survey on Drug Use and Health*. Rockville, MD: Center for Behavioral Health Statistics and Quality, SAMHSA. Retrieved from <https://www.samhsa.gov/data/>

Resources to prevent suicide abound,
including SAMHSA's
National Suicide Prevention Lifeline at
1-800-273-TALK (8255).

Source: Substance Abuse and Mental Health Services Administration (SAMHSA). (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: Center for Behavioral Health Statistics and Quality, SAMHSA. Retrieved from <https://www.samhsa.gov/data/>

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ENGAGE WITH
NATIONAL PREVENTION
WEEK TODAY.

www.samhsa.gov/prevention-week

SAMHSA

Substance Abuse and Mental Health
Services Administration