WEBINAR

TIPS FOR TEENS
Youth Champions and Resources Engaging Teens in Substance Use Prevention

MAY 16, 2019
2–3:30 P.M. EDT
HAPPY NATIONAL PREVENTION WEEK 2019!

In the chat pod, share with us:
Who is your #PreventionChampion?
Tips for Teens: Youth Champions and Resources
Engaging Teens in Substance Use Prevention

National Prevention Week Webinar
May 16, 2019
This meeting will be recorded for archiving purposes.
David Lamont Wilson
NPW Coordinator
Public Health Analyst, Center for Substance Abuse Prevention
Substance Abuse and Mental Health Services Administration
Brian Marquis
Public Liaison Officer
National Institute on Drug Abuse
Today’s Youth and Young Adult Panelists

• **Mackenzie Raimond**, Burrillville Tobacco-Free Teen Alliance, Students Against Destructive Decisions (SADD)

• **Amir Oliver**, “Talk. They Hear You.” Campaign Artist, Student at New York University

• **Morgan Pettis**, Baylor University’s Peer Allies Coalition, ACCEPT Texas, Youth MOVE
TELL US ABOUT YOUR NPW 2019 EVENT!

Event Submission Form

Share your National Prevention Week event details with us and get inspired by what others are doing.

Submitter’s Name *

Host Organization *

Supporting URL

Email *

Event Date * Month ▼ Day ▼ Year ▼

Event Location *

Event Summary *

www.samhsa.gov/prevention-week/community-events/submit-events
Pre·ven·tion Cham·pi·on

Noun: a person, activity, program, or organization that inspires others to take prevention actions every day that change lives.
WHO OR WHAT IS YOUR PREVENTION CHAMPION?

TAKE A PHOTO OR VIDEO.
ADD THAT ONE WORD.
SHARE YOUR #PreventionChampion
Who is your #PREVENTIONCHAMPION?

jaydalessio I have known Officer Menard since 2003 and he has been a staple at our high school since 1997!!! Kids respect him immensely...Junior Michael Talaia says of Menard “Officer Menard is a quality dude.” Sophomore Dan Ducey says “he helps me feel safe at school and makes it easier to focus on learning”. Junior Alex Karpinski says “he makes me feel safe while at school”. As a teacher I see kids approach Officer Menard in a comfortable fashion & it inspiring to all!!! #PreventionChampion #npw2019
Available at store.SAMHSA.gov
TIPS for TEENS: OPIOIDS

Available at store.SAMHSA.gov
TIPS for TEENS

MARIJUANA

GET THE FACTS

Marijuana affects the brain, affecting the development of teens brain. Talk to your parents, a credible, trustworthy adult, or another adult about what they know.

Q&A

Q: Isn’t smoking marijuana less dangerous than smoking cigarettes?
A: Both marijuana and cigarettes smoke can be harmful. Even covered or biased cigarettes are inhaled and have similar effects, such as欣。”

Q: Can people become addicted to marijuana?
A: Yes. People can become addicted to marijuana, which means they have a hard time quitting even if they want to.

Q: What are the risks associated with marijuana use?
A: In addition to the physical and mental risks associated with marijuana use, people who use marijuana have a dramatic risk of hurting their health and career success, as well as lower their self-esteem and more mental health problems.

THE BOTTOM LINE:
Marijuana affects the development of your brain. Talk to your parents, a credible, trustworthy adult, or another adult about what they know.

TO LEARN MORE ABOUT MARIJUANA, CONTACT:
SAMHSA
1-800-662-HELP (4357)
www.samhsa.gov/alcoholanddrugs

Available at store.SAMHSA.gov
TIPS for TEENS

STERIODS

Available at store.SAMHSA.gov
Join NIDA for the 10th Anniversary of National Drug and Alcohol Facts Week
Across all grades (8th, 10th, and 12th), past-year use of heroin, methamphetamines, cigarettes, and synthetic cannabinoids hovers near historic lows since the 2000s.*

POLL:
Are you familiar with National Drug and Alcohol Facts Week (NDAFW)?
NDAFW in Nigeria—Events aimed at reaching up to 40,000 teenagers

OHIO'S METRO HIGH SCHOOL STUDENTS TOURED THE OFFICE OF OHIO AG MIKE DEWINE AND BROUGHT ATTENTION TO NDAFW

NOYS-BACODA Signature Event

HIGH SCHOOL STUDENTS FROM CHANDLER, ARIZONA SHOWED OFF HOW THEY WANT TO SHATTER THE MYTHS® DURING NDAFW
Let NIDA Be Your Trusted Source

NIDA provides year-round information on:

- The science of drug use, misuse, and addiction
- Substance use and misuse prevention and treatment
- Illicit drugs and their medical consequences
- Prescription drug misuse
- The link between drug use and HIV/AIDS
- The annual Monitoring the Future survey (8th, 10th, and 12th graders and college students)
Getting Involved Is Easy and Fun

- Hold educational events.
- Hold virtual events.
- Create contests and scavenger hunts.
- Distribute NIDA’s free materials.
- Access NIDA’s toolkits for activity ideas on specific topics.
Free Resources From NIDA

Drugs: Shatter the Myths booklets
National Drug & Alcohol IQ Challenge activity
Drugs + Your Body: It Isn’t Pretty posters
Mind Matters series

And don’t forget about our dozens of free online resources.
Tools for Educators and Counselors

Lesson Plan and Activity Finder
Find FREE science- and standards-based classroom lessons and multimedia activities on teens and drugs - all funded or created by NIDA.

Drug Facts

- Alcohol
  Booze, Brew, Liquor
  Provided by the National Institute on Alcohol Abuse and Alcoholism

- Methamphetamine (Meth)
  Chalk, Crank, Crystal, Fire, Glass, Go Fast, Ice, Speed, Tina

- Prescription Drugs
  Barbs, Candy, Doy, Percs, Reds, Speed, Tranks, Vikes

- Anabolic Steroids
  Juice, Roids

- Prescription Depressant Medications
  A-minus, Barbs, Candy, Downers, Phennies, Red Birds,.
NIDA’s Here to Help

NIDA is at your service! We can:

➢ Help you generate ideas, register, and plan your event.
➢ Connect you with a scientist.
➢ Provide the materials you might need.

Please email Brian Marquis at drugfacts@nida.nih.gov if you have questions.

Mark your calendar for the next National Drug & Alcohol Facts Week: January 21–26, 2020!

Follow NIDA on social media!
Mackenzie Raimond
Burrillville Tobacco-Free Teen Alliance, Rhode Island
Students Against Destructive Decisions (SADD)
MACKENZIE RAIMOND

❖ Current senior at Burrillville High School in Rhode Island
❖ VP of Communications for the Student Leadership Council
❖ Volunteer with Special Olympics Rhode Island
❖ Committed to The College of Saint Rose with a double major in public health and political science
❖ Students Against Destructive Decisions
  • The premier youth health and safety organization

❖ Burrillville Tobacco Free Teen Alliance
  • A community group that focuses on teen-led prevention

❖ Burrillville Prevention Action Coalition
  • A coalition that focuses on community based prevention
THE IMPORTANCE OF PREVENTION

❖ Prevention seeks to spread awareness about the dangers of substances.
❖ It is prevention that spreads knowledge and information to others to promote healthy choices.
❖ Youth-based prevention is necessary for the youth to make informed decisions for their futures.
Amir Royale

“Talk. They Hear You.” Campaign Artist
Student, New York University
ABOUT ME

• Actor, recording artist, and entrepreneur from Saint Albans, NY.
• I attend New York University's Clive Davis Institute of Recorded Music.
• Recorded a soundtrack for the new "Talk. They Hear You." campaign, encouraging teen mentorship, family strengthening, and interconnected adult and adolescent relationships.
PREVENTION IS IMPORTANT TO ME BECAUSE...

• I've lost family members and know friends who have lost loved ones due to a lack of it.

• There are other ways to heal our pains and other ways to explore our joys.

• Prevention is something that can work if it becomes a natural, genuine interest of the youth listening—it's not about making them want to prevent others, it's about helping build more responsible generations to come forth after us.
Morgan Pettis
Baylor University’s Peer Allies Coalition Founder & President
ACCEPT (Allies Cultivating Change by Empowering Positive Transformation) Texas Treasurer
Youth MOVE National
Peer Allies Coalition

• The PAC serves as a community-based organization that does both substance use prevention and relapse prevention through a recovery capital perspective.

• We do educational initiatives at age-appropriate levels such as our “What’s Your Relationship to Alcohol?” event in April for college students.

• We partner with other organizations and departments on campus such as Active Minds, Peers Against Tobacco, and Angel Paws therapy dogs in order to make allies that naturally serve our mission.
THE IMPORTANCE OF PREVENTION

- Prevention minimizes long-term health risks associated with substance use.
- Prevention education allows adolescents to educate their peers.
- Prevention helps adolescents develop healthy coping mechanisms.
Panel Discussion

INSPIRING
ACTION
CHANGING LIVES
David Lamont Wilson
NPW Coordinator
Public Health Analyst, Center for Substance Abuse Prevention
Substance Abuse and Mental Health Services Administration
Brian Marquis
Public Liaison Officer
National Institute on Drug Abuse
Mackenzie Raimond
Burrillville Tobacco-Free Teen Alliance, Rhode Island
Students Against Destructive Decisions (SADD)
Amir Royale
“Talk. They Hear You.” Campaign Artist
Student, New York University
Morgan Pettis
Baylor University’s Peer Allies Coalition Founder & President
ACCEPT (Allies Cultivating Change by Empowering Positive Transformation) Texas Treasurer
Youth MOVE National
Please use the chat feature to share your questions and thoughts with us.
Prevention Every Day!

samhsa.gov/prevention-week
#NPW2019
Prevention Happens Here.
Please fill out the post-meeting survey that will pop up once this meeting ends.
David Lamont Wilson
NPW Coordinator, SAMHSA
David.Wilson@samhsa.hhs.gov
(240) 276-2588
For more information, visit: www.samhsa.gov/prevention-week