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NATIONAL PREVENTION WEEK 2018

ACTION TODAY. HEALTHIER TOMORROW.

MAY 13–19, 2018

Visit the SAMHSA website to learn more about planning a National Prevention Week 2018 event in your community.
www.samhsa.gov/prevention-week
NPW 2018 At a Glance

NATIONAL PREVENTION WEEK: MAY 13–19, 2018

National Prevention Week (NPW) is an annual weeklong observance—created by the Substance Abuse and Mental Health Services Administration (SAMHSA)—that serves to increase public awareness and promote action by individuals, organizations, and communities around mental and/or substance use disorders.

ACTION TODAY. HEALTHIER TOMORROW.

Everyone can take part in NPW. This year’s theme reminds us that simple, daily acts of prevention, such as helping a friend make positive choices or supporting a family member in need, can lead to healthier lives for each of us today, and stronger, happier communities tomorrow.

NPW 2018 Daily Health Themes

<table>
<thead>
<tr>
<th>Day</th>
<th>Theme</th>
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</thead>
<tbody>
<tr>
<td>Monday, May 14</td>
<td>Promotion of Mental Health &amp; Wellness</td>
</tr>
<tr>
<td>Tuesday, May 15</td>
<td>Prevention of Underage Drinking &amp; Alcohol Misuse</td>
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<tr>
<td>Wednesday, May 16</td>
<td>Prevention of Prescription &amp; Opioid Drug Misuse</td>
</tr>
<tr>
<td>Thursday, May 17</td>
<td>Prevention of Illicit Drug Use &amp; Youth Marijuana Use</td>
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<tr>
<td>Friday, May 18</td>
<td>Prevention of Suicide</td>
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<tr>
<td>Saturday, May 19</td>
<td>Prevention of Youth Tobacco Use</td>
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</tbody>
</table>

Planned NPW 2018 Promotional Materials, Activities, and Educational Events

- NPW “Action Today. Healthier Tomorrow.” Promo Video
- NPW Online Toolkit and Wristband Toolkit
- Prevention Works Email Updates
- Prevention Challenge Activity
- NPW Online Submission Form for Community Events
- NPW Exhibit at SAMHSA’s Prevention Day and Additional SAMHSA Meetings
- NPW Webinars on Getting Involved and Daily Health Themes
- NPW Internal (SAMHSA) and External Planning Workgroup Engagement
- NPW Partner Recruitment and Engagement

For more information about National Prevention Week and to learn how to get involved in your community, contact David Wilson at david.wilson@samhsa.hhs.gov or visit www.samhsa.gov/prevention-week.

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA’s mission is to reduce the impact of substance abuse and mental illness on America’s communities.