

SAVE THE DATE



INSPIRING

ACTION

CHANGING

LIVES

MAY 12-18, 2019

Visit the SAMHSA website to learn more about participating in National Prevention Week in your community. Find ideas, activities, and resources to make prevention happen every day.

www.samhsa.gov/prevention-week





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WHAT WILL YOU DREAM UP?

From school assemblies, town hall meetings, and health fairs to community fun runs, murals, videos, and poetry readings, there are so many ways to engage your community.

Many communities decide to involve their local leaders and state policymakers in National Prevention Week by asking them to issue a proclamation recognizing National Prevention Week in their state or community and informing others about the observance on social media.

Others participate in the NPW Prevention Challenge, an interactive social media activity that ties local prevention efforts to the larger movement of National Prevention Week. Each year, a new challenge activity and hashtag are announced at SAMHSA's Prevention Day (usually held in February), and people participate through the end of May.

WHAT IT'S ABOUT

National Prevention Week is an annual observance that brings individuals, health professionals, organizations, coalitions, states, businesses, and communities together through local activities to strategize around preventing substance misuse and promoting mental health. Sponsored by SAMHSA, this grassroots effort reinforces that every day and everywhere, the small actions we take can change lives for the better.

Since the first National Prevention Week in 2012, there have been thousands of community activities and events across the country—from workforce activities to sporting events and so much more.



Activities typically line up with the NPW theme days, which for 2019 include:

MONDAY, MAY 13:	Preventing Prescription and Opioid Drug Misuse
TUESDAY, MAY 14:	Preventing Underage Drinking and Alcohol Misuse
WEDNESDAY, MAY 15:	Preventing Illicit Drug Use and Youth Marijuana Use
THURSDAY, MAY 16:	Preventing Youth Tobacco Use (includes e-cigarettes and vaping)
FRIDAY, MAY 17:	Preventing Suicide

SAMHSA has a suite of tools and resources available at www.samhsa.gov/prevention-week to help organizations plan, promote, and carry out prevention-themed events.

Access them online or reach out to us to get started today!

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There has never been a better time to inspire action and change lives. Take part in National Prevention Week 2019!

