TALKING POINTS FOR NATIONAL PREVENTION WEEK 2019

May 12–18, 2019

- National Prevention Week (NPW) is an annual, national celebration of prevention activities, events, and the people who make prevention possible, sponsored by the Substance Abuse and Mental Health Services Administration, also known by its acronym, SAMHSA (SAM-suh).
- The purpose of this observance is to celebrate the work and successes of people and organizations working in prevention across the nation, and to educate people about increasing the prevention of substance use and promotion of mental health.
- Organizations and communities across the country plan events and activities each year to raise awareness about these important issues.
- This year’s NPW theme—“Inspiring Action. Changing Lives.”—reminds us that we can all inspire positive change through the year. Every day and everywhere, whether we make healthy choices for ourselves or inspire others to do so, the small actions we take can change lives for the better.

You can get involved in NPW by:

- Planning an educational event in your community and sharing your event details with other groups on the Community Events page.
- Participating in the 2019 NPW Challenge. Visit the Prevention Challenge page to learn more.
- Using social media to inform others about the observance.

For more information about National Prevention Week, visit www.samhsa.gov/prevention-week.

Hosting a National Prevention Week event? Submit details about your event for a chance to be featured in the Prevention Works email distribution list or in the NPW Outcomes Report.