Behavioral Health is Essential To Health

Prevention Works

Treatment is Effective

People Recover
RTP Virtual Grand Rounds
Co-occurring mental health and substance use disorders

Clinical Decision Support for Providers
Serving Individuals with Serious Mental Illness (SMI)
Through education, training, and resources the Recovery to Practice (RTP) program supports the expansion and integration of recovery-oriented behavioral health care delivered through multiple service settings.
Series of six mini-webinars focused on a case-based scenario to support knowledge and decision support of recovery-oriented practice for people with co-occurring serious mental health and substance use conditions.
6 Core Principles of Recovery-oriented Treatment for Individuals with Co-occurring Mental Health and Substance Use Conditions

1. Complexity is an expectation.
2. Service partnerships are empathic, hopeful, integrated, and strength-based.
3. All people with complex issues are not the same.
4. For people with complexity, all co-occurring conditions are primary.
5. Parallel process of hopeful progress for multiple conditions.
6. Adequately supported, adequately rewarded, skills-based learning for each condition.
Two Courses: 3 mini-webinars each

Course 1

Becoming familiar with the principles of recovery-oriented care

Conducting an integrated strengths-based assessment

Addressing psychopharmacology and other medication-based decisions

Course 2
Two Courses: 3 mini-webinars each

Course 1

- Becoming familiar with the principles of recovery-oriented care
- Conducting an integrated strengths-based assessment
- Addressing psychopharmacology and other medication-based decisions

Course 2

- Increasing participation and activations through engagement and cultural competency
- Utilizing stage-based interventions and peer support
- Maintaining recovery over time and challenges
Faculty

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with

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Walking into your office is ...

Nick M

- 32 years old, recently divorced father of two
- Immigrated to the U.S. from Brazil at age 18
- U.S. citizen
Nick M’s Background

• Came to the U.S. to further his education; immediate family still lives in Brazil.
• Married at 22 and recently divorced; his young children live with his ex-wife 40 minutes away.
• Visits children by bus when he can.
• Lives in a residency hotel.
Nick M’s Background

- Receives primary support from his church.
- Active church member.
- Unemployed and on public assistance.
- Wants work; has work experience.
Nick M’s Background

• Alcohol use since teenager.
• Admitted to a detox unit from the Emergency Department in a general hospital after a period of heavy drinking. Did not follow through on referral to outpatient treatment.
• Recent readmission to detox with follow-up hospitalization for depression.
Nick M’s Background

- Began drinking alcohol heavily six years ago; several alcohol-related problems, including arrest for disorderly conduct.
- Used antidepressants but stopped because of the side effects.
- Stopped attending outpatient appointments because he was looking for work.
Nick M’s Background

• Diagnosis: severe alcohol use disorder (relapse) and major depression.
• Not receiving treatment at present.
• Referred to you.
• Nick says to you, “Well, here I am. Where do we go from here? I mean, I'm not going to feel like this for the rest of my life, am I?”
A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.
SAMHSA’s 10 Principles and 4 Dimensions of Recovery in Behavioral Health

- Home
- Health
- Community
- Purpose
JOIN RECOVERY TO PRACTICE!

Visit the RTP website at:
http://www.samhsa.gov/recovery-to-practice
Disclaimer

The contents of this presentation do not necessarily reflect the views or policies of SAMHSA or DHHS. The training should not be considered a substitute for individualized client care and treatment decisions.

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