Underage drinkers tend to drink less often than adults, but they drink more heavily when they do drink. On average, underage drinkers consume 5 drinks per occasion, 5 times a month.¹

When asked about the last time they drank:²

- 23.1% of underage drinkers reported having 1 drink
- 18.1% reported 2 drinks
- 24.3% reported 3 or 4 drinks
- 24% reported 5 to 8 drinks
- 10.4% reported 9 or more drinks

The sooner you talk to your kids about alcohol, the greater chance you have of influencing their decisions.³ Practice for one of the most important conversations you may ever have with SAMHSA’s “Talk. They Hear You.” Mobile Application, available for download on the App Store℠, Google Play™, and the Windows® Store.

Learn more at http://www.underagedrinking.samhsa.gov.


² Substance Abuse and Mental Health Services Administration. (2013c)