



Women Matter!

An Introduction to Women, Addiction, and Recovery

Women in the Mirror: Addressing Co-Occurring Mental Health Issues and Trauma in Women with Substance Use Disorders

Women with substance use disorders have alarmingly high rates of co-occurring mental health issues and histories of trauma. Failure to address these issues and their interconnections can lead to significant setbacks in recovery. This session offers current information about effective interventions and strategies for supporting women with co-occurring substance use, trauma and mental health issues. Topics include: trauma, eating disorders, depression, bipolar disorder and PTSD among women with substance use disorders.

March 5, 2015 • 3:00–4:30 PM ET (2:00 CT, 1:00 MT, 12:00 PT)



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Featured Speakers

Francine Feinberg, Psy.D., LCSW

Dr. Feinberg is a nationally recognized expert in treating women with substance use disorders. For almost three decades she served as Executive Director of Meta House, in Milwaukee, WI, a nationally recognized substance abuse and mental health treatment program for women and their children. She was a member of the Advisory Committee for Women's Services for the Substance Abuse and Mental Health Services Administration and chair of the committee that developed the Treatment Improvement Protocol (TIP) for substance use treatment of women published in 2010 by CSAT. Dr. Feinberg was a member of the national expert panel that developed *Addressing the Needs of Women and Girls: Core Competencies for Mental Health and Substance Abuse Service Professionals*. She now assists government agencies, nationally and internationally, in developing gender-responsive programs addressing women and substance use.

Kathleen O'Leary, M.S.W

Ms. O'Leary spent 34 years working in mental health research at the National Institute of Mental Health (NIMH) as the Chief of the NIMH Women's Program. She is a social worker and psychotherapist, and provides mental health consultation in the Washington, DC area, in the fields of women's health, depression, anxiety disorders, and sex differences within mental health. Her publications include studies on adolescent pregnancy, depression, and neuropsychological deficits in borderline personality disorder. She has also worked on research initiatives involving perinatal mental health, sex differences research, health disparities, the mental health of military women, and the mental health effects of violence against women.

Earn 1.5 CEHs While Updating Your Knowledge About Women, Addiction and Recovery



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