

Refugee Behavioral Health

National and Regional Resources

Substance Abuse and Mental Health Services Administration
Region VIII (2015)



OFFICE OF REFUGEE RESETTLEMENT

An Office of the Administration for Children & Families

ORR provides refugees and other eligible populations with opportunities to maximize their potential in the United States, linking people in need to critical resources to assist them in becoming integrated members of American society.

- **Refugee Health:** Many factors can affect refugee health, including conditions in the country of origin or refugee camp. Without feeling healthy, it is difficult to work, to attend school, or to take care of a family. Physical and emotional wellness and access to healthcare are foundations for successful resettlement.
- **ORR's Division of Refugee Health**
<http://www.acf.hhs.gov/programs/orr/programs/refugee-health>
 - **Women's Health Videos:** A four-part video series, "Somali Refugee Women: Learn about your Health!" covers a variety of health issues, including reproductive health, prenatal care, pregnancy, cancer screenings, diet, exercise and more.
- **Refugee Health Technical Assistance Center** <http://www.RefugeeHealthTA.org>
 - *Access to Care:* Affordable Care Act, Language Access (including interpreter best practices), Translated Health Education Materials
 - *Refugee Health Updates:* News, Resources, Funding , Trainings and Events
- **Refugees and the Affordable Care Act (video in several languages and materials):**
<http://refugeehealthta.org/access-to-care/affordable-care-act/resources-for-providers-and-refugees/>
<http://www.acf.hhs.gov/programs/orr/health>
- **Refugee Health Information Network** <http://www.RHIN.org>
 - Multilingual health information for refugees and their health providers
- **Refugee Suicide Prevention Training Toolkit**
<http://refugeehealthta.org/physical-mental-health/mental-health/suicide/suicide-prevention-toolkit>
- **Refugee Youth and Mental Health (videos and materials):**
<http://refugeehealthta.org/physical-mental-health/mental-health/youth-and-mental-health/>



REFUGEEHEALTH TECHNICAL ASSISTANCE CENTER

Refugee Resources

- Survivors of Torture Technical Assistance Provider Websites
 - <http://gulfcoastjewishfamilyandcommunityservices.org/refugee/refugee-programs/national-partnership-for-community-training/>
 - <http://www.healtorture.org/content/mental-health-resources>
- Healthy Roads Media Refugee Mental Health Resources (e.g. video, audio, fact sheets)
 - http://www.healthyroadsmedia.org/topics/mental_health.htm
- USCRI Refugee Family Strengthening Program (translated into Nepali, Arabic, Spanish)
 - <http://www.refugees.org/resources/for-refugees--immigrants/family-strengthening-resources/family-strengthening-1.html>

SAMHSA: Trauma

www.samhsa.gov

There is a strong link between trauma and mental and substance use disorders and other chronic physical diseases.

- **National Child Traumatic Stress Network (NCTSN)** <http://nctsn.org>

SAMHSA: Suicide Prevention

www.samhsa.gov

- **National Suicide Prevention Lifeline** – 1-800-273-TALK (8255) is a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress.
- **Suicide Prevention Resource Center (SPRC)** – provides technical assistance, training, and materials to assist states, tribes, campuses, organizations, and stakeholders develop suicide prevention programs, interventions and policies.
- **National Action Alliance for Suicide Prevention** – a public/private partnership that advances the *National Strategy for Suicide Prevention (NSSP)* through the work of nearly 200 organizations.
- **Behavioral Health Treatment Services Locator** – a directory of mental health and substance abuse treatment facilities in the United States and U.S. territories.



SAMHSA: Technical Assistance Centers

Center for the Application of Prevention Technologies Support (CAPT)

www.captus.samhsa.gov

Comprehensive training and technical assistance on Substance Use Prevention and Epidemiology

- *Central Region CAPT Office (ND, SD):* Chuck Klevgaard
- *Southwest Region CAPT Office (CO):* Marie Cox
- *West Region CAPT Office (MT, UT, WY):* Alyssa O'Hair

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Addiction Technology Transfer Center (ATTC)

www.attcnetwork.org

Comprehensive training & technical assistance center for substance use treatment & recovery support services workforce

- *Central Rockies ATTC/University of Utah (Region VIII)*

Region VIII, State Contacts

State Refugee Contacts: <http://www.acf.hhs.gov/programs/orr/state-programs-annual-overview> & click on the state, then click on key contacts:



State Behavioral Health and Suicide Prevention/Crisis Line Contacts:

Colorado, Office of Behavioral Health

- Rocky Mountain Crisis Services

www.colorado.gov

www.metrocrisisservices.org

Montana, Division of Mental Health and Addictive Disorders

- Bozeman Crisis Line and Help Center
- Great Falls Crisis Line and Help Center

www.montana.gov

www.bozemanhelpcenter.org

www.voicesofhope.info

North Dakota, Division of Behavioral Health

- North Dakota Crisis Line, "First Link"

www.nd.gov

www.myfirstlink.org

South Dakota, Division of Behavioral Health

- Sioux Falls Crisis Line and Help Center

www.sd.gov

<http://helplinecenter.org>

Utah, Division of Mental Health and Substance Abuse

- University Neuropsychiatric Institute

www.utah.gov

www.healthcare.utah.edu/uni/crisis

Wyoming, Division of Behavioral Health

- Wyoming Behavioral Health Institute

www.wyoming.gov

www.wbihelp.com

HHS Region VIII Contacts

SAMHSA Regional Administrator - Charles Smith, PhD - 303-844-7873 - charles.smith@samhsa.hhs.gov

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