

# Prescription Drug Abuse

## National and Regional Resources

Substance Abuse and Mental Health Services Administration



## Office of National Drug Control Policy: Strategy to Prevent/Reduce Prescription Drug Abuse

(Epidemic: Responding to America's Prescription Drug Abuse Crisis, ONDCP, 2011)

- **Education** Parents, youth, patients and prescribers
- **Monitoring** Implement Prescription Drug Monitoring Programs (PDMP) to reduce diversion, enhance ability to share health data, and encourage use by health professionals
- **Proper disposal** DEA proposed rules
- **Enforcement** Eliminate improper prescribing practices and stop pill mills

## National Governors Association: Strategies for Reducing Prescription Drug Abuse

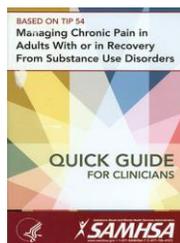
- **Prescription Drug Monitoring Programs**
- **Enhancing Enforcement Efforts**
- **Ensuring Proper Disposal of Prescription Drugs**
- **Leveraging State Role as Regulator and Purchaser of Services**
- **Building Partnerships Among Key Stakeholders**
- **Promoting Public Education about Prescription Drug Abuse**

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## SAMHSA: Prescriber and Patient Education

- Free online CME courses on “Prescribing Opioids for Chronic Pain.” SAMHSA in partnership with Boston University, School of Medicine [www.opioidprescribing.com](http://www.opioidprescribing.com)
- **Physician Clinical Support System for Opioids (PCSS-O)**: free physician mentoring from experts on clinical topics such as prescribing opioids for chronic pain and office-based treatment of opioid-dependent patients [www.pcss-o.org](http://www.pcss-o.org)
- **Physician Clinical Support System for Buprenorphine (PCSS-B)**: free physician mentoring from experts on office-based treatment of opioid addiction with buprenorphine [www.pcspb.org](http://www.pcspb.org)
- SAMHSA has published **Treatment Improvement Protocols (TIPs)** on treatment with methadone, buprenorphine and other drugs, as well as on treating chronic pain in persons with substance use disorders [www.samhsa.gov](http://www.samhsa.gov)
- SAMHSA (2013) is developing a new **Opioid Brief Guide** for primary care physicians on how to use FDA-approved medications to treat opioid addiction in the medical office.
- SAMHSA has published information for patients and the public on prescription drug abuse and its treatment [www.samhsa.gov](http://www.samhsa.gov)

## SAMHSA: Publications



- “Prevention Resources on the Nonmedical Use of Prescription Drugs”
- “Risk and Protective Factors Associated with Nonmedical Use of Prescription Drugs: A Review of Literature (2006-2012)”
- “Managing Chronic Pain in Adults with or in Recovery from Substance Use Disorders”
- “Opioid Overdose Toolkit” <http://store.samhsa.gov/product/Opioid-Overdose-Prevention-Toolkit/SMA13-4742>

## SAMHSA: Prescription Drug Monitoring Programs

- SAMHSA released **PDMP-EHR Integration and Interoperability Expansion Grants** (2012-13)
  - 9 states funded (e.g., North Dakota School of Pharmacy)
  - Improve real-time provider access to PDMP data by integrating PDMPs with existing EHR technologies (hospital ERs, outpatient facilities, retail pharmacies, etc.)
  - Increase the interoperability of PDMPs across state lines
- Office of National Drug Control Policy (ONDCP) and Bureau of Justice Assistance (BJA) offer assistance for state-state/state-tribal PDMP linkages/interoperability.
- The Alliance of States with Prescription Drug Monitoring Programs, Brandeis University - PMP Center of Excellence, and IHS are creating interoperability between IHS, its pharmacies and PDMPs.

## SAMHSA: Prevention and Early Intervention

- **National Prescription Drug Take-Back Day:** Bi-annual, national event to promote safe disposal of leftover medicines that are ripe for diversion, misuse, and abuse. [www.justice.gov/dea/](http://www.justice.gov/dea/)
- **Screening, Brief Intervention and Referral to Treatment (SBIRT)**, an evidence-based practice that involves screening individuals in primary care settings (e.g., hospitals & community health clinics) for risk of substance abuse, providing brief intervention, and, when necessary, referral to substance use treatment. [www.integration.samhsa.gov/clinical-practice/sbirt](http://www.integration.samhsa.gov/clinical-practice/sbirt) [www.samhsa.gov/prevention/sbirt](http://www.samhsa.gov/prevention/sbirt)
- Ohio State University, College of Pharmacy toolkit to teach college and high school students about prescription drug use. [www.pharmacy.ohio-state.edu/outreach/generation-rx/resources/BulletinBoardPanels.pdf](http://www.pharmacy.ohio-state.edu/outreach/generation-rx/resources/BulletinBoardPanels.pdf)
- National Council on Patient Information and Education (NCPIE), “Maximizing Your Role as a Teen Influencer,” toolkit to keep teens safe from prescription drugs: [www.talkaboutrx.org/maximizing\\_role.jsp](http://www.talkaboutrx.org/maximizing_role.jsp)

## SAMHSA: Technical Assistance Centers

- Center for the Application of Prevention Technologies Support (CAPT) [www.captus.samhsa.gov](http://www.captus.samhsa.gov)
  - **Purpose:** Comprehensive training and technical assistance on Substance Use Prevention (including prescription drug abuse), Strategic Prevention Framework (SPF), Substance Use Epidemiology, website for CSAP grantees with resources and tools; on-line course, webinars, etc.
- Addiction Technology Transfer Center (ATTC) [www.attcnetwork.org](http://www.attcnetwork.org)
  - **Purpose:** Develop and strengthen the health care workforce that provides substance use treatment and recovery support services. Comprehensive training, technical assistance, resources, tools, webinars, etc.
  - *National Frontier and Rural ATTC:* [nfar@nttcnetwork.org](mailto:nfar@nttcnetwork.org)
  - *National SBIRT ATTC:* [sbirt@attcnetwork.org](mailto:sbirt@attcnetwork.org)
  - *National American Indian/Alaska Native ATTC:* [americanindianalaskanative@attcnetwork.org](mailto:americanindianalaskanative@attcnetwork.org)
  - *National Hispanic and Latino Network ATTC:* [Hispanic@attcnetwork.org](mailto:Hispanic@attcnetwork.org)
- Center for Integrated Health Solutions (CIHS) [www.Integration.samhsa.gov](http://www.Integration.samhsa.gov)
  - **Purpose:** Provides resources and technical assistance pertaining to the integration of behavioral health and primary care
- Tribal Technical Assistance Center (TTAC)
  - **Purpose:** Provides culturally appropriate and sensitive Tribal Technical Assistance to Native communities across the country who seek to address mental and substance use disorders and suicide
  - **Contact:** Maureen.Madison@samhsa.hhs.gov, 240-276-1772

## SAMHSA Regional Contacts

<http://beta.samhsa.gov/about-us/who-we-are/regional-administrators>