



**African Americans** are 20% more likely to report having serious mental distress than Whites.



**Hispanic** adolescent females report significantly higher rates of suicidal thoughts and suicide attempts than other youth.



**Asian American** women have the highest suicide rate of all women over age 65 in the United States.



**American Indians** or **Alaska Natives** have the highest rates of substance dependence or abuse and binge alcohol use, compared to other racial/ethnic groups.



**Native Hawaiians** and **Pacific Islanders** have higher rates of smoking and alcohol use compared to other racial/ethnic groups.

## The Affordable Care Act helps diverse populations get better access to behavioral health services.



..... : Help get the word out. Learn helpful strategies to introduce your community to the new health insurance options. :

Learn more about your healthcare options at [healthcare.gov](http://healthcare.gov). For more information about behavioral health and diverse populations, visit [samhsa.gov/obhe](http://samhsa.gov/obhe).



SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.