Behavioral Health is Essential To Health

Prevention Works

Treatment is Effective

People Recover
Results from the 2016 National Survey on Drug Use and Health
Perceived Great Risk from Substance Use among People Aged 12 or Older: Percentages, 2016 NSDUH

- Smoking Marijuana Once a Month: 27.7%
- Smoking Marijuana Once or Twice a Week: 34.0%
- Using Cocaine Once a Month: 71.8%
- Using Cocaine Once or Twice a Week: 87.1%
- Trying Heroin Once or Twice: 85.6%
- Using Heroin Once or Twice a Week: 94.1%
- Trying LSD Once or Twice: 69.5%
- Using LSD Once or Twice a Week: 83.9%
- Having 5+ Drinks of Alcohol Once or Twice a Week: 44.4%
- Having 4 or 5 Drinks of Alcohol Nearly Every Day: 68.3%
- Smoking One or More Packs of Cigarettes per Day: 72.8%

LSD = lysergic acid diethylamide.
Perceived Great Risk from Smoking Marijuana among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH

+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

# Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.
Perceived Great Risk from Using Cocaine among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH

+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

# Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.
Perceived Great Risk from Heroin Use among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH

+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

# Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.
Perceived Great Risk from LSD Use among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH

LSD = lysergic acid diethylamide.

+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

# Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.
Perceived Great Risk from Alcohol Use among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH

+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

# Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.
Perceived Great Risk from Smoking One or More Packs of Cigarettes per Day among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH

+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

# Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.
Perceived Availability of Substances among People Aged 12 or Older, by Age Group: Percentages, 2016 NSDUH

LSD = lysergic acid diethylamide.

+ Difference between this estimate and the estimate for youths aged 12 to 17 is statistically significant at the .05 level.

# Difference between this estimate and the estimate for young adults aged 18 to 25 is statistically significant at the .05 level.

Note: Percentages refer to reports that it would be fairly easy or very easy to obtain the substance.
Youths Felt That Parents Would Strongly Disapprove of Substance Use Behaviors among Youths Aged 12 to 17: Percentages, 2002-2016 NSDUHs

- ▲ Smoking One or More Packs of Cigarettes per Day
- ○ Trying Marijuana Once or Twice
- □ Using Marijuana Once a Month or More
- ◇ Having 1 or 2 Drinks of Alcohol Nearly Every Day

Percent Perceived Parental Disapproval

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<th>Perceived Parental Disapproval</th>
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+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.
Past Year Exposure to Substance Use Prevention Messages and Programs among Youths Aged 12 to 17: Percentages, 2002-2016 NSDUHs

- Prevention Messages Outside of School
- Prevention Messages at School

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</table>

+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.
Numbers of Past Year Initiates of Substances among People Aged 12 or Older: 2016 NSDUH

- Marijuana: 2.6 Million
- Rx Pain Relievers: 2.1 Million
- Rx Tranquilizers: 1.4 Million
- Rx Stimulants: 1.4 Million
- Hallucinogens: 1.2 Million
- Cocaine: 1.1 Million
- LSD: 844,000
- Ecstasy: 757,000
- Inhalants: 526,000
- Rx Sedatives: 294,000
- Methamphetamine: 192,000
- Heroin: 170,000
- Alcohol: 4.6 Million
- Cigarettes: 1.8 Million
- Smokeless Tobacco: 1.2 Million

LSD = lysergic acid diethylamide; Rx = prescription.

Note: Estimates for prescription pain relievers, prescription tranquilizers, prescription stimulants, and prescription sedatives are for the initiation of misuse. Misuse is defined as use in any way not directed by a doctor, including use without a prescription of one’s own; use in greater amounts, more often, or longer than told to take a drug; or use in any other way not directed by a doctor.
Mean Age at First Use or First Misuse of Substances among Past Year Initiates Aged 12 to 49: 2016 NSDUH

LSD = lysergic acid diethylamide; Rx = prescription.

Note: The term “first misuse” applies to the misuse of prescription pain relievers, prescription tranquilizers, prescription stimulants, and prescription sedatives. Misuse is defined as use in any way not directed by a doctor, including use without a prescription of one’s own; use in greater amounts, more often, or longer than told to take a drug; or use in any other way not directed by a doctor.
Past Year Marijuana Initiates among People Aged 12 or Older, by Age Group (in Millions): 2002-2016 NSDUHs

Note: Estimates of less than 0.1 million round to 0.0 million when shown to the nearest tenth of a million.

+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.
People Aged 12 or Older Who Initiated Prescription Drug Misuse in the Past Year, by Age Group: Numbers and Percentages, 2016 NSDUH

Note: Misuse is defined as use in any way not directed by a doctor, including use without a prescription of one’s own; use in greater amounts, more often, or longer than told to take a drug; or use in any other way not directed by a doctor.
Past Year Cocaine Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2002-2016 NSDUHs

Mean Age at First Use: 19.9  19.8  20.0  20.0  20.2  20.3  20.2  19.8  19.9  21.2  20.1  20.0  20.4  21.8  21.5  21.8

+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.
Past Year Heroin Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2002-2016 NSDUHs

Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.

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Mean Age at First Use: 21.0 20.9* 24.4 22.2 20.7* 21.8* 23.5 25.3 21.4* 22.1* 23.0 24.5 28.0 23.4 25.5

* Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.
Past Year Hallucinogen Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2016 NSDUH

- 12 or Older: 1,178,000
- 12 to 17: 319,000
- 18 to 25: 725,000
- 26 or Older: 134,000
Past Year Inhalant Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2016 NSDUH

- 12 or Older: 526,000
- 12 to 17: 262,000
- 18 to 25: 184,000
- 26 or Older: 80,000
Past Year Methamphetamine Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2016 NSDUH
Past Year Alcohol Initiates among People Aged 12 or Older, by Age Group (in Millions): 2002-2016 NSDUHs

<table>
<thead>
<tr>
<th>Age</th>
<th>02</th>
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<th>05</th>
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<td>0.1</td>
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</table>

Mean Age at First Use: 16.6-16.4-16.4-16.4-16.6-16.8-17.0-16.9-17.1-17.1-17.4-17.3-17.6-17.4

+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.
Past Year Cigarette Initiates among People Aged 12 or Older, by Age Group (in Millions): 2002-2016 NSDUHs

Note: Estimates of less than 0.1 million round to 0.0 million when shown to the nearest tenth of a million.

Mean Age at First Use 16.9* 16.9* 16.7* 17.3 17.1* 16.9* 17.4* 17.5 17.3* 17.2* 17.8 17.8 18.6* 17.9 18.0

+ Difference between this estimate and the 2016 estimate is statistically significant at the .05 level.
Past Year Smokeless Tobacco Initiates among People Aged 12 or Older, by Age Group (in Thousands): 2016 NSDUH

- 12 or Older: 1,157,000
- 12 to 17: 353,000
- 18 to 25: 452,000
- 26 or Older: 352,000
Perceived Great Risk from Smoking Marijuana or Using Cocaine among People Aged 12 or Older, by Initiation Status: Percentages, 2016 NSDUH

+ Difference between this estimate and the estimate for never used is statistically significant at the .05 level.

Note: Past Year Initiates are defined as individuals who used the specific substance for the first time in the 12 months before the date of the interview. Prior to Past Year Initiates include two groups of individuals who used the specific substance for the first time more than 12 months before the date of the interview: (a) those who also used that substance in the past 12 months and (b) those who last used the substance more than 12 months prior to the interview.
Perceived Great Risk from Drinking Alcohol or Smoking Cigarettes among People Aged 12 or Older, by Initiation Status: Percentages, 2016 NSDUH

+ Difference between this estimate and the estimate for never used is statistically significant at the .05 level.

Note: Past Year Initiates are defined as individuals who used the specific substance for the first time in the 12 months before the date of the interview. Prior to Past Year Initiates include two groups of individuals who used the specific substance for the first time more than 12 months before the date of the interview: (a) those who also used that substance in the past 12 months and (b) those who last used the substance more than 12 months prior to the interview.
QUESTIONS?