A superpower isn't just the ability to fly, become invisible, or read people's minds. It's that special "something" you bring. A superpower can be putting a smile on someone's face when that person is feeling down, or making healthy choices, even when the decision isn't easy.

Everyone has something that makes them special.

What's your superpower?

NPW
national prevention week

Substance Abuse and Mental Health Services Administration
SAMHSA
www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)

The Voice of One, the Power of All

Health Themes for 2015:

Monday, May 18
Prevention of Tobacco Use

Tuesday, May 19
Prevention of Underage Drinking & Alcohol Abuse

Wednesday, May 20
Prevention of Opioid & Prescription Drug Abuse

Thursday, May 21
Prevention of Illicit Drug Use & Youth Marijuana Use

Friday, May 22
Prevention of Suicide

Saturday, May 23
Promotion of Mental Health & Wellness

NPW
national prevention week