



Girls Matter!

A webinar series addressing adolescent girls' behavioral health

The Girl in the Mirror: Behavioral Health of Adolescent Girls

A girl's smile can often hide identity struggles, anxiety, depression, self-loathing and pressure to succeed bubbling under the surface. The presentation of these issues in girls often differs from presentation in adolescent boys and adult women. This session will explore common but frequently overlooked and underdiagnosed behavioral health challenges girls face. After attending this webinar, participants will better understand potential concerns and interventions to support girls through these challenges.

Participants will be able to describe:

- Risks associated with behavioral health conditions
- Development and treatment of self-injurious behavior
- ADHD and its unique appearance in adolescent girls

THURSDAY, MARCH 13, 2014 • 3:00–4:30 PM ET (2:00 CT, 1:00 MT, 12:00 PT)



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Featured Speakers



Stephen Hinshaw, Ph.D. — University Of California, Berkeley

Dr. Hinshaw is Professor of Psychology at University of California (UC) Berkeley. He received a B.A. from Harvard and a doctorate in clinical psychology from UCLA. His work focuses on developmental psychopathology. Dr. Hinshaw has authored over 275 articles and books, including *The Triple Bind: Saving our Teenage Girls from Today's Pressures* (Random House, 2009), *The Mark of Shame: Stigma of Mental Illness and an Agenda for Change* (Oxford, 2007), and *The ADHD Explosion: Myths, Medications, Money, and Today's Push for Performance* (Oxford, 2014). He is editor of *Psychological Bulletin*.



Wendy Lader, Ph.D., M.Ed. — Self Injury Foundation

Wendy Lader, Ph.D., M.Ed., is President and Clinical Director of the S.A.F.E. ALTERNATIVES Program, founded in 1986 to address deliberate self-harm behavior. She has a doctorate in clinical psychology from Nova University and an M.Ed. in special education from Lesley College. She is an international speaker on self-injury, and highly regarded as an expert in the field. She is co-author, with Karen Conterio, of the book *Bodily Harm: the Breakthrough Healing Program for Self-Injurers* (Hyperion, 1998).



Anne Thompson, M.A., MFT — UConn Department of Wellness & Prevention Services

Ms. Thompson has identified as a young person in recovery for more than 9 years. She was a founding member of Young People in Recovery (YPR) in 2010 and serves on the Boards of Directors for the Association of Recovery Schools and Connecticut Turning to Youth and Families. Ms. Thompson has a B.A. in Sociology and Metro Urban Studies, an M.A. in Educational Leadership, and an M.A. in Marriage and Family Therapy from University of Connecticut (UConn). She is currently pursuing her Ph.D. in Human Development and Family Studies at UConn, where she works in the Department of Wellness & Prevention Services coordinating efforts for the UConn Recovery Community.

Earn 1.5 CEHs While Updating Your Knowledge on Adolescent Girls



NAADAC and NBCC CEHs are available through the ATTC Network Coordinating Office. These CEHs are also recognized by many other licensing boards; contact your licensing board for more information. There is no charge for CEHs during the live webinars; simply complete a post-test at the end.