Effective interventions for opioid use disorder (OUD), including medication-assisted treatment (MAT), do exist, and healthy outcomes can occur for both the mother and the infant, but only when healthcare professionals can recognize and treat substance use disorders (SUDs), which include OUD, and substance exposure in infants. The Substance Abuse and Mental Health Services Administration (SAMHSA) developed the clinical guidance in this document to meet an urgent need among professionals who care for women with OUD and substance exposed infants for reliable, useful, and accurate information that can be applied in clinical practice to optimize the outcome for both mother and infant.

ABOUT THE GUIDE
This Clinical Guide uses the RAND/UCLA Appropriateness Method as a foundation to provide comprehensive, national guidance for optimal management of pregnant and parenting women with opioid use disorder and their infants. The Clinical Guide helps healthcare professionals and patients determine the most clinically appropriate action for a particular situation and informs individualized treatment decisions.

TREATMENT AND PATIENT RESOURCES
The guide contains 16 fact sheets that serve as a resource to healthcare professionals and include a) clinical scenarios, b) clinical action steps, c) supporting evidence and clinical considerations and d) web resources. The 16 fact sheets available in this publication are outlined below.
SAMHSA produced four fact sheets called Healthy Pregnancy, Healthy Baby: Opioids in Pregnancy to help women with Opioid Use Disorder (OUD) have a healthy pregnancy and a healthy baby. During pregnancy, OUD should be treated with medicines, counseling, and recovery support. Use the information in the fact sheets to begin discussions about treatment options with healthcare professionals and to help understand what to expect during OUD treatment when pregnant and after your child is born. Each fact sheet has an introduction, things to know, important tips, and information on meeting with healthcare professionals about OUD treatment while caring for your baby.

OUD and Pregnancy: Taking helpful steps for a health pregnancy
This fact sheet provides helpful steps now to ensure you have a healthy pregnancy and a healthy baby. This publication also provides tips on how to address OUD during your pregnancy and points to discuss with your healthcare professionals.

Treating OUD During Pregnancy: Getting the help and support you need from your healthcare professionals
OUD during pregnancy is treatable. This fact sheet describes important things to know about OUD treatment during pregnancy and some subjects to discuss with your healthcare professionals.

Treating Babies Who Were Exposed to Opioids Before Birth: Support for a new beginning
Neonatal abstinence syndrome (NAS) is a group of withdrawal signs that may occur in a newborn who has been exposed to opioids and other substances. This fact sheet highlights some important things to know about what to expect if your baby needs special care after birth.

Good Care for You and Your Baby While Receiving OUD Treatment: Taking helpful steps for a health pregnancy
From pregnancy to delivery to caring for your baby, addressing your OUD and taking care of yourself is a continuous process. This fact sheet details important things to know about OUD and caring for your baby as well as the Do's and Don'ts for creating a healthy environment for your family.