• 67,500 Americans make this survey possible every year.

• We thank the participants who shared their time with surveyors and who had the courage and honesty to share sensitive information to help shed light on these important issues.
• The NSDUH has been completed every year since 1990.

• Even though the NSDUH was redesigned in 2015, there are a number of measures we are able to trend and they show consistency from prior years. For example:
  ▪ Tobacco and alcohol use across the age groups are decreasing.
  ▪ Prescription drug misuse also appears to be decreasing.

• NSDUH: Areas of concern
Among those with a substance use disorder about:

- **1 IN 3 (37%)** struggled with illicit drugs
- **3 IN 4 (75%)** struggled with alcohol use
- **1 IN 9 (12%)** struggled with illicit drugs and alcohol

7.5% (20.1 MILLION)
People aged 12 or older had a substance use disorder

Among those with a mental illness about:

- **1 IN 4 (23%)** had a serious mental illness

3.4% (8.2 MILLION)
18+ HAD BOTH substance use disorder and a mental illness

18.3% (44.7 MILLION)
People aged 18 or older had a mental illness

No statistically different changes from 2015
PAST YEAR, 2016, 12+

People aged 12 or older had a substance use disorder

0.4%

0.5%

0.6%

1.8%

4.9 MILLION

Heroin

Methamphetamines

Inhalants

Hallucinogens

Cocaine

Misuse of Psychotherapeutic Rx Drugs

Marijuana

ILLICIT DRUG USE IMPACTS MILLIONS: MARIJUANA MOST WIDELY USED DRUG

37.6 MILLION

13.9%

18.7 MILLION

6.9%

5.1 MILLION

1.9%

4.9 MILLION

1.8%

1.7 MILLION

0.6%

1.4 MILLION

0.5%

948,000

0.4%
11.8 MILLION people with opioid misuse (4.4% of total population)

Including:

6.9 MILLION
Rx Hydrocodone

3.9 MILLION
Rx Oxycodone

228,000
Rx Fentanyl

948,000
Heroin Users
(8% of opioid misusers)

641,000
Rx Pain Reliever Misusers & Heroin Users
(5.4% of opioid misusers)
OPIOIDS’ ADVERSE OUTCOMES: NOT DRIVEN BY INCREASES IN NUMBER OF USERS

HEROIN USE (FLAT OVER 2015)
- Past Year New Users: 948k (0.4%)
- Past Year Users: 626k (0.2%)
- Past Year Disorder: 170k

RX PAIN RELIEVER MISUSE (FLAT OVER 2015)
- Past Year New Misusers: 11.5M* (4.3%)
- Past Year Misusers: 2.1M (0.7%)
- Past Year Disorder: 1.8M

2.1 MILLION with OUD
- 21.1% of people with Heroin Use Disorders received specialty treatment for Illicit Drugs
- 37.5% of people with Heroin Use Disorders received treatment
- 17.5% of people with Rx Pain Reliever Use Disorders received treatment

* Lower than 2015
HEROIN DEATHS HAVE SKYROCKETED

The number of heroin users increased 2.35 fold (135%)
Source: SAMHSA

The number of heroin deaths increased 6.33 fold (533%)
Source: CDC National Vital Statistics System (NCHS)
SMI AMONG YOUNG ADULTS RISING, TREATMENT LEVELS REMAIN UNCHANGED

PAST YEAR, 2016, 18+

<table>
<thead>
<tr>
<th>Year</th>
<th>18-25 Years</th>
<th>26-49 Years</th>
<th>50+ Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>3.8%</td>
<td>2.7%</td>
<td>0%</td>
</tr>
<tr>
<td>2010</td>
<td>4.8%</td>
<td>4%</td>
<td>2%</td>
</tr>
<tr>
<td>2012</td>
<td>5.3%</td>
<td>5.9%</td>
<td>2.7%</td>
</tr>
<tr>
<td>2014</td>
<td>5.3%</td>
<td>5.9%</td>
<td>2.7%</td>
</tr>
<tr>
<td>2016</td>
<td>5.9%</td>
<td>5.3%</td>
<td>2.7%</td>
</tr>
</tbody>
</table>

Note: * indicates significantly different from 2016

51.5% OF THE 2 MILLION YOUNG ADULTS WITH SMI RECEIVED TREATMENT

no statistical change from 2015
SUICIDAL THOUGHTS, PLANS, AND ATTEMPTS INCREASE FOR 18-25 YEAR OLDS

PAST YEAR, 2016

**SERIOUS THOUGHTS**
- 2016 (18-25): 8.8%
- 2008 (18-25): 6.8%

**MADE A PLAN**
- 2016 (18-25): 1.1%
- 2008 (18-25): 2.0%

**ATTEMPTED**
- 2016 (All Adults): 0.5%
- 2016 (18-25): 1.8%
- 2008 (18-25): 1.2%
Despite consequences and disease burden, many do not get treatment.

- **Substance Use Disorder (SUD), 12+**
  - 20.1M people had SUD in the past year, 93.1% received treatment, 10.4M did not receive mental health treatment.
  - 3.1M did not receive treatment for depression.

- **Any Mental Illness (AMI), 18+**
  - 44.7M people had AMI, 56.9% received treatment, 35.2% did not receive mental health treatment.

- **Serious Mental Illness, 18+**
  - 10.4M people had serious mental illness, 93.1% received treatment for both conditions.

- **Co-Occurring AMI & SUD, 18+**
  - 8.2M people had co-occurring disorders, 93.1% received treatment for both conditions.

- **Major Depressive Episode, 12-17**
  - 3.1M people had a major depressive episode, 59.1% received treatment for depression.

*Received no substance use treatment at a specialty facility and no mental health services.*