



i talk
they hear you



Heading out to hang with friends.

**A perfect moment
to talk about alcohol.**

Alarming numbers of pre-teens are drinking alcohol—which makes it urgent to find every opportunity to talk to your kids about the dangers of underage drinking. For tips on how—and when—to begin the conversation, visit: **www.underagedrinking.samhsa.gov**



Substance Abuse and Mental Health Services Administration
SAMHSA
www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)