

Training and Technical Assistance Related to COVID-19

MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

MHTTC Pandemic Response Resources including recorded webinars: <https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19>

Upcoming webinars:

- July 2 - Mental Health Mutual Support Calls for Thriving at Work During COVID-19 for Mental Health Providers - <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/event/mental-health-mutual-support-calls-thriving-work-during-19>
- July 2 - Approaching and Treating Co-Occurring Mental and Substance Use Disorders in Farming and Rural Communities - <https://mhttcnetwork.org/centers/mountain-plains-mhttc/event/approaching-and-treating-co-occurring-mental-and-substance-use>
- July 6 - National ACT Virtual Meetings to Address Impact of COVID-19 - <https://mhttcnetwork.org/centers/northwest-mhttc/event/national-act-virtual-meetings-address-impact-covid-19-9>
- July 7 - Strategies of Support for Mental Health Providers #14 - <https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/strategies-support-mental-health-11>
- July 8 - Intimate Partner Violence and Mental Health Amidst the COVID-19 Crisis and Beyond - <https://mhttcnetwork.org/centers/mhttc-network-coordinating-office/event/intimate-partner-violence-and-mental-health-amidst>
- July 9 - Providing Mental Health Telehealth Services in Farming and Rural Communities - <https://attcnetwork.org/centers/central-east-attc/event/technology-based-interventions-navigating-new-models-enhance-and>

ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:

ATTC Pandemic Response Resources - <https://attcnetwork.org/centers/global-attc/pandemic-response-resources>

UPCOMING WEBINARS:

- July 7 - Native Veteran Resilience and Wellness: Provider Peer to Peer support - <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/native-veteran-resilience-and-2>
- July 8 - Technology-Based Interventions: Navigating New Models to Enhance and Expand Service Delivery - <https://attcnetwork.org/centers/central-east-attc/event/technology-based-interventions-navigating-new-models-enhance-and>

ADDITIONAL RESOURCES:

- [Advancing Clinicians' Videoconferencing Skills: An Audio-Consultation Series](#)
The Mountain Plains ATTC introduces a new product based on a series of consultation groups developed to train behavioral health professionals on the use of videoconferencing to deliver clinical services.
- [Listening Session and Strategic Discussion Series](#)
The Addiction Technology Transfer Center (ATTC) Network, and the Prevention Technology Transfer Center (PTTC) Network are facilitating a FREE, national online discussion and resource sharing opportunity for the substance use (SU) prevention, treatment, and recovery workforces focused on emerging issues around social determinants of health (SDH) and COVID-19. [Download series overview.](#)
- [Substance Use Disorder Services in the Days of a Pandemic: You Need A Bigger Boat!](#)
Providing SUD services during a pandemic requires a mix of disaster preparedness, safety precautions, telehealth, and ethics. During her tenure as a leader in SUD treatment, Sheila Weix has been involved with emergencies related to the HIV epidemic, 9/11, and the 2008 economic collapse. She is currently applying this experience in an outpatient treatment service that includes medication-assisted treatment in rural Wisconsin during the COVID19 pandemic. This webinar is from the Great Lakes ATTC.
- [Telehealth Learning Series for SUD Tx and Recovery Support Providers](#)
This Telehealth Learning Series is a facilitated, FREE, national online discussion and resource sharing opportunity for substance use disorder (SUD) treatment providers and peer support specialists faced with transitioning their services to the use of telephone and videoconferencing
- [Online Telephone and Support Groups](#)
Treatment providers and peer support specialists looking for online and telephone support groups for their patients/peers should review the list compiled by the Mountain Plains ATTC. Both 12 Step and none 12 Step-based online support groups are identified. This is not an exhaustive list but the links are active. After an initial review NONE of these sites are associated with specific treatment/recovery centers and do not require individuals to register first to access online group support services. [Download List \(Accessible\)](#)
- [Healing the Healer: Employing Principles of Neuroscience, CBT, and MI to Understand and Treat Compassion Fatigue Among Human Services Professionals](#)
This webinar, presented by Troy Montserrat-Gonzales, LPC, LMHC, re-examines compassion fatigue and self-care in light of neuroscience research and offers practical tools for professionals to use to mitigate their own compassion fatigue and strengthen their resilience. This webinar was produced by the Northwest ATTC.
- [A Guide to Using Text Messages to Improve Substance Use Treatment Outcomes](#)
Helping individuals remain in treatment or continue to participate in recovery support services can be difficult. However, with advances in both technology and science, text messages can be used to increase engagement, enhance education about the individual's condition, and help patients manage craving and other negative thoughts/moods. This step-by-step guide contains information for treatment and recovery support providers on how to use text messages to expand the reach of their services. The guide can be used in conjunction with the webinar or as a stand-alone resource.
- [Building Recovery Capital through Digital Health Technologies](#)
This 4-part recorded video series showcases digital health technologies related to recovery support services for individuals with substance use disorders, thereby helping behavioral health peer recovery, clinical and administrative staff become familiar with and develop/increase their digital health technology skills.
- [Mid America \(Region 7\) SUD Pandemic Resources](#)
Resources and Updates to Support the SUD Workforce During the Pandemic. A curated list of federal and TTC resources for pandemic response, as well as state resources for HHS Region 7: Iowa, Kansas, Missouri, Nebraska.
- [Great Lakes ATTC and Mid-America ATTC: SUD Treatment Webinar](#)
COVID-19 has necessitated operational changes for Substance Use Disorder (SUD) residential treatment providers (community based social/medical detox, sobering beds, intermediate, reintegration, housed IOP levels of care, etc.). The purpose of this webinar was to share ideas around this topic. The discussion was lead by Mr. Scott Munson, CEO of the Sundown, a residential treatment center in Yakima, Washington. [Listen to the](#)

[Recording Here.](#)

PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

PTTC Pandemic Response Resources - <https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources>

UPCOMING WEBINAR:

- July 9 - A Conversation about Prevention and Early Intervention of Alcohol and Cannabis Use in Adolescents and Young Adults: An Interview with Amelia Arria, PhD - <https://pttcnetwork.org/centers/new-england-pttc/event/conversation-about-prevention-and-early-intervention-alcohol-and>
- July 10 - Connecting Prevention Specialists to Native Communities During Times of Crisis: Listening Sessions - <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/event/connecting-prevention-specialists-6>

ADDITIONAL RESOURCES:

- Moving Prevention Strategies From In-person to Virtual - Print Media (Brochure, Monograph, Report, Poster) - <https://pttcnetwork.org/centers/great-lakes-pttc/product/moving-prevention-strategies-person-virtual>
- South Southwest PTTC April 2020 Newsletter-The Role of Prevention During and Following a Disaster - eNewsletter - <https://pttcnetwork.org/centers/south-southwest-pttc/product/south-southwest-pttc-april-2020-newsletter-role-prevention>
- The Role of Stigma in Substance Misuse Prevention: What Prevention Practitioners Can Do To Reduce Stigma
The Pacific Southwest PTTC developed a slide deck for practitioners to use in the field to engage in conversations about the role prevention practitioners can play in reducing stigma. - <https://pttcnetwork.org/centers/pacific-southwest-pttc/product/role-stigma-substance-misuse-prevention-what-prevention>
- The National Hispanic and Latino Prevention Technology Transfer Center is pleased to provide new fact sheets on [Prevention Tools for Latino Families During COVID-19](#) to download and distribute. This fact sheet was published in English, Spanish and Portuguese. Please click on the links to access the new fact sheets:
 - <https://pttcnetwork.org/sites/default/files/2020-05/PTTCPrevention-covid-English.pdf>
 - <https://pttcnetwork.org/sites/default/files/2020-05/PTTCPrevention-covid-Spanish.pdf>
 - <https://pttcnetwork.org/sites/default/files/2020-05/PTTCPrevention-covid-Portuguese.pdf>
- Listening Sessions Summary: COVID-19's Impact on Prevention Practitioners - In response to new challenges experienced by the prevention workforce resulting from the COVID-19 pandemic, the Pacific Southwest Prevention Technology Transfer Center (PTTC) facilitated four listening sessions over video conference with 111 prevention practitioners joining. This report provides an overall summary of the conversations across the four sessions. - <https://pttcnetwork.org/centers/pacific-southwest-pttc/product/listening-sessions-summary-covid-19s-impact-prevention>
- Self-Care in a Selfless Field Webinar - Hosted by the Mountain Plains PTTC, this webinar touches on possible signs of burnout, how to implement self-care practices to your daily life, and receive available resources to combat the effects of work-related stress. This webinar. <https://pttcnetwork.org/centers/mountain-plains-pttc/event/self-care-selfless-field-webinar>
- [Prevention Practitioner's Role in Disaster Response](#)
The purpose of this checklist is to prepare the preventionist for their role before and after disasters. They have unique skills that can assist and align with disaster response efforts.
- [Social Development Strategy Slide Deck for You by the Northwest PTTC](#)
This is a 10-slide downloadable deck highlight the Social Development Strategy. It includes notes for prevention practitioners to incorporate into presentations.

New TTC Program Products

TTC	Resource Type	Title	Link
Northwest MHTTC	Print Media (Brochure, Monograph, Report, Poster)	Washington State Telehealth COVID-19 Series #5 May 6, 2020: Creating a Clinical Workflow for Telehealth	https://mhttcnetwork.org/centers/northwest-mhttc/product/washington-state-telehealth-covid-19-series-5-may-6-2020-creating-0
Southeast MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Compassion Fatigue: Managing During Troubling Times	https://mhttcnetwork.org/centers/southeast-mhttc/product/compassion-fatigue-managing-during-troubling-times
National American Indian and Alaska Native ATTC	Presentation Slides	Handouts: Motivational Interviewing in Challenging Times	https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/product/handouts-motivational-0
Central East MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Guiding the Shepherd and Shepherding the Flock in the Wake of the COVID-19 Pandemic, Part 2 Recording	https://mhttcnetwork.org/centers/central-east-mhttc/product/guiding-shepherd-and-shepherding-flock-wake-covid-19-pandemic-0
Northwest MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Resources for Supporting the Mental Health and Well-being of Children and Families During COVID-19	https://mhttcnetwork.org/centers/northwest-mhttc/product/resources-supporting-mental-health-and-well-being-children-and
Northwest MHTTC	Multimedia (Video, Webinar Recording, Podcast)	DBT STEPS-A Q&A Session #2 with Jim and Lizz Mazza	https://mhttcnetwork.org/centers/northwest-mhttc/product/dbt-steps-qa-session-2-jim-and-lizz-mazza
Northwest PTTC	Multimedia (Video, Webinar Recording, Podcast)	Webinar - Resources for Supporting the Mental Health and Well-being of Children and Families During COVID-19	https://pttcnetwork.org/centers/northwest-pttc/product/webinar-resources-supporting-mental-health-and-well-being-children-0
Great Lakes MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Clinical Depression and COVID-19: Expanding on Mental Health Promotion	https://mhttcnetwork.org/centers/great-lakes-mhttc/product/clinical-depression-and-covid-19-expanding-mental-health
Great Lakes PTTC	Multimedia (Video, Webinar Recording, Podcast)	Clinical Depression and COVID-19: Expanding on Mental Health Promotion	https://pttcnetwork.org/centers/great-lakes-pttc/product/clinical-depression-and-covid-19-expanding-mental-health-promotion
National American Indian & Alaska Native PTTC	Multimedia (Video, Webinar Recording, Podcast)	Wellness Series Part 2: Coping with Grief	https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/product/wellness-series-part-2-coping-grief

National American Indian and Alaska Native ATTC	Multimedia (Video, Webinar Recording, Podcast)	Wellness Series Part 1: Self-Care for Providers	https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/product/wellness-series-part-1-self-care
New England ATTC	Presentation Slides	Trauma 101	https://attcnetwork.org/centers/new-england-attc/product/trauma-101
New England MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Supporting Staff in these Extraordinary Times	https://mhccnetwork.org/centers/new-england-mhttc/product/supporting-staff-these-extraordinary-times
Northeast & Caribbean MHTTC	Presentation Slides	Supporting Each Other and Ourselves: Mental Health Awareness and Promotion in the Wake of COVID-19	https://mhccnetwork.org/centers/northeast-caribbean-mhttc/product/supporting-each-other-and-ourselves-mental-health
Northwest PTTC	Print Media (Brochure, Monograph, Report, Poster)	Advocating for a Safe Return to Work (COVID-19) - Handout - Take Your Break With Us Virtual Series	https://pttcnetwork.org/centers/northwest-pttc/product/advocating-safe-return-work-covid-19-handout-take-your-break-us
Northwest PTTC	Print Media (Brochure, Monograph, Report, Poster)	Moving Prevention Strategies From In-person to Virtual - Handout - Take Your Break With Us Virtual Series	https://pttcnetwork.org/centers/northwest-pttc/product/moving-prevention-strategies-person-virtual-handout-take-your-break
Northwest PTTC	Print Media (Brochure, Monograph, Report, Poster)	The Post-COVID-19 Workplace - Handout - Take Your Break With Us Virtual Series	https://pttcnetwork.org/centers/northwest-pttc/product/post-covid-19-workplace-handout-take-your-break-us-virtual-series
South Southwest PTTC	Print Media (Brochure, Monograph, Report, Poster)	Changes in Prevention Practice During the COVID-19 Pandemic	https://pttcnetwork.org/centers/south-southwest-pttc/product/changes-prevention-practice-during-covid-19-pandemic
Southeast ATTC	Multimedia (Video, Webinar Recording, Podcast)	Helping Clients Maintain Recovery during Catastrophes and Pandemics	https://attcnetwork.org/centers/southeast-attc/product/helping-clients-maintain-recovery-during-catastrophes-and-pandemics
Southeast ATTC	Multimedia (Video, Webinar Recording, Podcast)	What Healthcare Providers Need to know about Telehealth Laws and COVID-19 HIPAA Guidelines	https://attcnetwork.org/centers/southeast-attc/product/what-healthcare-providers-need-know-about-telehealth-laws-and-covid

SMI Adviser Resources

Resources on COVID-19 and Serious Mental Illness

SMI Adviser compiled a list of resources for clinicians who serve individuals with serious mental illness (SMI). During this crisis, refer to the evidence-based resources below for specific guidance around COVID-19. If you have specific questions on recent changes in telepsychiatry, prescribing clozapine, or any other topic, you may request a consultation from one of our national experts.

SMI Adviser Coronavirus Resources: <https://smiadviser.org/covid>

- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

Recorded Webinars:

- Managing the Mental Health Effects of COVID-19
https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm_source=SMI_Adviser_COVID_19_Email&utm_medium=March2020
- Telepsychiatry in the Era of COVID-19
https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm_source=Email&utm_medium=WebinarEmail
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing
<https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7289>

National Center of Excellence for Eating Disorders (NCEED)

NCEED has gathered information to help support the community as the COVID-19 crises evolve. Resources were created to provide guidance on how to support yourself, your loved ones and your patients: <https://www.nceedus.org/covid/>

- **Eating Disorders and COVID-19: What Healthcare Providers Need to Know** - <https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Healthcare-Providers.pdf>
- **Eating Disorders and COVID-19: What Individuals and Families/Caregivers Need to Know** - <https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Individuals-and-Families.pdf>

Center of Excellence for Protected Health Information – Focus-PHI

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing [SAMHSA's COVID-19 Guidance and Resources](#) as well as the [HHS Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency](#).

Tips to keep your telehealth visit private - <https://coephi.org/sites/default/files/tips-individuals.pdf>

Federal Guidance for SUD and Mental Health Treatment Providers -

http://coephi.org/sites/default/files/provider_telehealth_and_privacy.pdf

Recorded Webinars at <http://coephi.org/>

- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;
- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

PCSS Resources

Resources and presentations can be found at <https://pcssnow.org/?s=COVID>

Tip Sheet

- Telehealth Tip Sheet - <https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c1.docx>

Upcoming Webinars

- Taking Care of the Compassionate Care Team: Conversations about Moral Resilience and Moral Distress - June 23, 2020 - <https://pcssnow.org/event/taking-care-of-the-compassionate-care-team-conversations-about-moral-resilience-and-moral-distress/>

Recorded Webinars

- Taking Care of the Compassionate Care Team: Conversations about Moral Distress and Moral Injury - https://pcssnow.org/calendar-of-events/list/?tribe_paged=1&tribe_event_display=past&tribe_eventcategory=6
- Telepsychiatry's Role in Medication Assisted Treatment: <https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/>
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities: <https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/>
- Telemedicine-Delivered Buprenorphine Treatment in the Age of COVID-19 - <https://pcssnow.org/event/tele-buprenorphine-in-the-age-of-covid-19/>
- Optimal MOUD prescribing practices for the Future: During the COVID-19 Pandemic and Beyond - <https://pcssnow.org/event/optimal-moud-prescribing-practices-for-the-future-during-the-covid-19-pandemic-and-beyond/>
- How COVID-19 Impacts Clinical Practice - <https://pcssnow.org/event/how-covid-19-impacts-clinical-practice-3/>

Online Trainings

- Supporting Providers After Overdose Death: <https://learning.pcssnow.org/p/SupportingProviders>
- Grief and Managing an Overdose Death: <https://pcssnow.org/event/grief-and-managing-an-overdose-death/>
 - Related resource document: <https://pcssnow.org/resource/grief-and-overdose-death-2/>
- Young adult seeking treatment after overdosing: <https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/>
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths: <https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aoaam/>
- Stress, Relaxation, and Mindful Breathing: A Primer: <https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/>

Checklist

- Initial Patient Contact about Buprenorphine Checklist - <https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf>

ORN Resources

Recorded Webinars

- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - <https://opioidresponsenetwork.org/COVID19.aspx#Video>
- Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview

- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - <https://opioidresponsernetwork.org/COVID19.aspx>
- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders <https://opioidresponsernetwork.org/admin/ResourceDetails.aspx?resourceID=9338>

Manual

- Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders - <https://opioidresponsernetwork.org/admin/ResourceDetails.aspx?resourceID=4162>

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