

## Training and Technical Assistance Related to COVID-19

### MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

**MHTTC Pandemic Response Resources including recorded webinars:** <https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19>

Upcoming webinars:

- Sep 22 - Strategies of Support for Mental Health Providers #21 - <https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/strategies-support-mental-health-19>
- Sep 22 - Supporting Latinx Students and Caregivers Emotional and Mental Health Well-being during the COVID-19 Pandemic Part II - <https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/event/supporting-latinx-students-and-caregivers-1>
- Sep 24 - Indian Health Care Providers series #2: Introduction to Telebehavioral Health - <https://mhttcnetwork.org/centers/northwest-mhttc/event/indian-health-care-providers-series-2-introduction-telebehavioral>
- Sep 24 - Live Q&A Session with Dr. Emily Bilek, regarding TRAILS - <https://mhttcnetwork.org/centers/great-lakes-mhttc/event/live-qa-session-dr-emily-bilek-regarding-trails>
- Sep 24 - Promoting Educator Well-Being: Compassion Fatigue, Burnout and Secondary Traumatic Stress in the Era of COVID-19 - <https://mhttcnetwork.org/centers/central-east-mhttc/event/promoting-educator-well-being-compassion-fatigue-burnout-and-2>
- Sep 24 - Special Weekly Series for Tribal Schools as they Reopen Amidst COVID-19 - <https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/special-weekly-series-tribal-4>

### ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:

**ATTC Pandemic Response Resources -** <https://attcnetwork.org/centers/global-attc/pandemic-response-resources>

Upcoming webinars:

- Sep 22 - On-the-Spot: Videoconferencing to Deliver Treatment and Recovery Services - <https://attcnetwork.org/centers/mountain-plains-attc/event/spot-videoconferencing-deliver-treatment-and-recovery-services-6>
- Sep 25 - Native Veteran Resilience and Wellness: Provider Peer to Peer support - <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/native-veteran-resilience-and-7>

### PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

**PTTC Pandemic Response Resources** - <https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources>

Upcoming Webinars:

- Sep 22 - Alcohol use behavior, policy, and treatment in the age of COVID-19 - <https://pttcnetwork.org/centers/global-pttc/event/alcohol-use-behavior-policy-and-treatment-age-covid-19>

## New TTC Program Products

TTC	Resource Type	Title	Link
Mid-America ATTC	Multimedia (Video, Webinar Recording, Podcast)	Essential Conversations in Social Services 2020: Psychiatrists' View of Supporting Recovery in 2020 & Beyond	<a href="https://attcnetwork.org/centers/mid-america-attc/product/essential-conversations-social-services-2020-psychiatrists-view">https://attcnetwork.org/centers/mid-america-attc/product/essential-conversations-social-services-2020-psychiatrists-view</a>
Mountain Plains MHTTC	Presentation Slides	Clinical Strategies to Promote Emotional and Behavioral Health in College-aged Youth During COVID-19	<a href="https://mhttcnetwork.org/centers/mountain-plains-mhttc/product/clinical-strategies-promote-emotional-and-behavioral-health">https://mhttcnetwork.org/centers/mountain-plains-mhttc/product/clinical-strategies-promote-emotional-and-behavioral-health</a>
Northwest MHTTC	eNewsletter or Blog	Suicide Prevention Month 2020 Resource List	<a href="https://mhttcnetwork.org/centers/northwest-mhttc/product/suicide-prevention-month-2020-resource-list">https://mhttcnetwork.org/centers/northwest-mhttc/product/suicide-prevention-month-2020-resource-list</a>
National American Indian and Alaska Native MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Special Weekly Series for Tribal Schools as they Reopen Amidst COVID-19 #4	<a href="https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/product/special-weekly-series-tribal-0">https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/product/special-weekly-series-tribal-0</a>
Northwest MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Part 1: Anxiety & School - Identifying Anxiety and What To Do About It	<a href="https://mhttcnetwork.org/centers/northwest-mhttc/product/part-1-anxiety-school-identifying-anxiety-and-what-do-about-it">https://mhttcnetwork.org/centers/northwest-mhttc/product/part-1-anxiety-school-identifying-anxiety-and-what-do-about-it</a>

## SMI Adviser Resources

### Resources on COVID-19 and Serious Mental Illness

SMI Adviser compiled a list of resources for clinicians who serve individuals with serious mental illness (SMI). During this crisis, refer to the evidence-based resources below for specific guidance around COVID-19. If you have specific questions on recent changes in telepsychiatry, prescribing clozapine, or any other topic, you may request a consultation from one of our national experts.

SMI Adviser Coronavirus Resources: <https://smiadviser.org/covid>

- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

### Recorded Webinars:

- Managing the Mental Health Effects of COVID-19 [https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm\\_source=SMI\\_Adviser\\_COVID\\_19\\_Email&utm\\_medium=March2020](https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm_source=SMI_Adviser_COVID_19_Email&utm_medium=March2020)

- Telepsychiatry in the Era of COVID-19  
[https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm\\_source=Email&utm\\_medium=WebinarEmail](https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm_source=Email&utm_medium=WebinarEmail)
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing  
<https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7289>

## National Center of Excellence for Eating Disorders (NCEED)

NCEED has gathered information to help support the community as the COVID-19 crises evolve. Resources were created to provide guidance on how to support yourself, your loved ones and your patients: <https://www.nceedus.org/covid/>

- **Eating Disorders and COVID-19: What Healthcare Providers Need to Know** - <https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Healthcare-Providers.pdf>
- **Eating Disorders and COVID-19: What Individuals and Families/Caregivers Need to Know** - <https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Individuals-and-Families.pdf>

## Center of Excellence for Protected Health Information – Focus-PHI

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing [SAMHSA's COVID-19 Guidance and Resources](#) as well as the [HHS Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency](#).

**Tips to keep your telehealth visit private** - <https://coephi.org/sites/default/files/tips-individuals.pdf>

**Federal Guidance for SUD and Mental Health Treatment Providers** - [http://coephi.org/sites/default/files/provider\\_telehealth\\_and\\_privacy.pdf](http://coephi.org/sites/default/files/provider_telehealth_and_privacy.pdf)

**SAMHSA 42 CFR Part 2 Revised Rule** - On July 15, 2020, SAMHSA finalized changes to the Confidentiality of Substance Use Disorder Patient Records regulations, 42 CFR Part 2 ("Part 2"). Part 2 protects the confidentiality of individuals in substance use disorder treatment, and establishes privacy and security requirements for written, electronic, and verbal information. **The effective date of the changes to Part 2 will be August 14, 2020.** [Read the SAMHSA 42 CFR Part 2 Fact Sheet](#) for further details regarding the changes.

### Recorded Webinars at <http://coephi.org/>

- Understanding the new changes on 42 CFR Part 2
- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;
- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

## PCSS Resources

Resources and presentations can be found at <https://pcssnow.org/?s=COVID>

### Tip Sheet

- Telehealth Tip Sheet - <https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c1.docx>

### Recorded Webinars

- Taking Care of the Compassionate Care Team: Conversations about Moral Distress and Moral Injury - [https://pcssnow.org/calendar-of-events/list/?tribe\\_paged=1&tribe\\_event\\_display=past&tribe\\_eventcategory=6](https://pcssnow.org/calendar-of-events/list/?tribe_paged=1&tribe_event_display=past&tribe_eventcategory=6)

- Telepsychiatry's Role in Medication Assisted Treatment: <https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/>
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities: <https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/>
- Telemedicine-Delivered Buprenorphine Treatment in the Age of COVID-19 - <https://pcssnow.org/event/tele-buprenorphine-in-the-age-of-covid-19/>
- Optimal MOUD prescribing practices for the Future: During the COVID-19 Pandemic and Beyond - <https://pcssnow.org/event/optimal-moud-prescribing-practices-for-the-future-during-the-covid-19-pandemic-and-beyond/>
- How COVID-19 Impacts Clinical Practice - <https://pcssnow.org/event/how-covid-19-impacts-clinical-practice-3/>

## Online Trainings

- Supporting Providers After Overdose Death: <https://learning.pcssnow.org/p/SupportingProviders>
- Grief and Managing an Overdose Death: <https://pcssnow.org/event/grief-and-managing-an-overdose-death/>
  - Related resource document: <https://pcssnow.org/resource/grief-and-overdose-death-2/>
- Young adult seeking treatment after overdosing: <https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/>
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths: <https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aoaam/>
- Stress, Relaxation, and Mindful Breathing: A Primer: <https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/>

## Checklist

- Initial Patient Contact about Buprenorphine Checklist - <https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf>

## ORN Resources

### Recorded Webinars

- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - <https://opioidresponsenetwork.org/COVID19.aspx#Video>
- Telemedicine: Getting Started, Regulations and Privacy Issues. [https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product\\_tab\\_overview](https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview)
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - <https://opioidresponsenetwork.org/COVID19.aspx>
- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. [https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product\\_tab\\_overview](https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview)
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders <https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=9338>

## Manual

- Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders - <https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=4162>