

## Training and Technical Assistance Related to COVID-19

### MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

**MHTTC Pandemic Response Resources including recorded webinars:** <https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19>

### Upcoming webinars:

- **What will schools be like next year? Visioning for the Future of Education** – June 1, 2020 - <https://mhttcnetwork.org/centers/new-england-mhttc/event/what-will-schools-be-next-year-visioning-future-education-3-part-0>
- **ACT and COVID-19: Meet Up for ACT Mental Health Authorities, Funders, Trainers, and Fidelity Reviewers** - June 2, 12-1pm PT / 3-4pm ET - Meetings held every first Tuesday of the month until August
- **Rural Primary Care Tools and Resources for Managing Suicidal Ideation During COVID-19** - Mountain Plains MHTTC - June 2, 12pm PT / 3pm ET  
**Strategies for Addressing Trauma, Crises and Grief Through Tele-Mental Health** – June 5<sup>th</sup>, 2020 - <https://mhttcnetwork.org/centers/great-lakes-mhttc/event/strategies-addressing-trauma-crises-and-grief-through-tele-mental>
- **Clinical Innovations in Telehealth: Providing Culturally Relevant Telehealth Services to the Latino Population during the COVID Crisis** – June 2, 2020 - <https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/event/clinical-innovations-telehealth-providing>
- **Self-Compassion Webcast Series:** Whether you are a counselor, teacher, or social worker, serving children is hard. At any given moment, there are numerous tasks required of you, and you often feel like your plate is overflowing. In addition to the pressures of work, stress in your personal life – taking care of a family, health concerns, or financial burdens - take their toll. You are taking care of everyone, and often feel exhausted. This series of 12 self-compassion sessions teach you how to care for yourself in the moment that you most need it. REGISTRATION at <https://selfcompassionsswmhttc.eventbrite.com> - Upcoming sessions: **June 2** at 3 p.m. (CST); **June 9** at 3 p.m. (CST).
- **Educator Wellness Webinar-** the Educator Wellness Webinar Series is part of The Well-Being Series - Connections During COVID-19: Mental Wellness Webinars for Families and Educators. - <https://mhttcnetwork.org/centers/northwest-mhttc/product/educator-wellness-webinar-2-supporting-educator-wellbeing-wellness>

## Additional Products:

Great Lakes MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Providing Culturally Relevant Crisis Services: Culturally Responsive Factors in COVID-19 (Part 2)	<a href="https://mhttcnetwork.org/centers/great-lakes-mhttc/product/providing-culturally-relevant-crisis-services-culturally">https://mhttcnetwork.org/centers/great-lakes-mhttc/product/providing-culturally-relevant-crisis-services-culturally</a>
Global MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Best Practices for Student Engagement Through Tele-Mental Health	<a href="https://mhttcnetwork.org/centers/global-mhttc/product/best-practices-student-engagement-through-tele-mental-health">https://mhttcnetwork.org/centers/global-mhttc/product/best-practices-student-engagement-through-tele-mental-health</a>
Northeast & Caribbean MHTTC	Print Media (Brochure, Monograph, Report, Poster)	Engaging with Clients Over the Telephone and Using Texts	<a href="https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/product/engaging-clients-over-telephone-and-using-texts">https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/product/engaging-clients-over-telephone-and-using-texts</a>
Great Lakes MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Region 5: Supporting Behavioral Health Programs & Personnel During COVID-19	<a href="https://mhttcnetwork.org/centers/great-lakes-mhttc/product/region-5-supporting-behavioral-health-programs-personnel-during">https://mhttcnetwork.org/centers/great-lakes-mhttc/product/region-5-supporting-behavioral-health-programs-personnel-during</a>
Mid-America MHTTC	Toolkit	Telehealth Toolbox for School Personnel — ALL Handouts	<a href="https://mhttcnetwork.org/centers/mid-america-mhttc/product/telehealth-toolbox-school-personnel-all-handouts">https://mhttcnetwork.org/centers/mid-america-mhttc/product/telehealth-toolbox-school-personnel-all-handouts</a>
National American Indian and Alaska Native MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Introduction to Peer Support in the Era of COVID-19 - Webinar	<a href="https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/product/introduction-peer-support-era">https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/product/introduction-peer-support-era</a>
National American Indian and Alaska Native MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Native Youth Telehealth Initiative - Webinar	<a href="https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/product/native-youth-telehealth-initiative">https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/product/native-youth-telehealth-initiative</a>

## ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:

**ATTC Pandemic Response Resources** - <https://attcnetwork.org/centers/global-attc/pandemic-response-resources>

### UPCOMING WEBINARS:

- **Virtual Native Talking Circle #5: Staying Connected in Challenging Times** - 5:00pm - June 1, 2020 - Time zone: US/Central - <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/virtual-native-talking-circle-5>
- **Fundamentals of Telemental Health: Clinical Engagement** – June 2, 2020 - <https://attcnetwork.org/centers/northwest-attc/event/fundamentals-telemental-health-clinical-engagement-webinar>
- **Motivational Interviewing During Challenging Times: Re-examining the Concept of Ambivalence and Working with Change Talk** - 4:00pm - June 4, 2020b- Time zone: US/Central - <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/motivational-interviewing-during>

- **Native Veteran Resilience and Wellness: Provider Peer to Peer support** – June 5<sup>th</sup>, 2020 - <https://attcnetwork.org/centers/national-american-indian-and-alaska-native-attc/event/native-veteran-resilience-and-0>
- **Fundamentals of Telemental Health: Emergencies, Disruptions, and Pitfalls** – June 9, 2020 - <https://attcnetwork.org/centers/northwest-attc/event/fundamentals-telemental-health-emergencies-disruptions-and-pitfalls>

#### ADDITIONAL RESOURCES:

- [Advancing Clinicians' Videoconferencing Skills: An Audio-Consultation Series](#)  
The Mountain Plains ATTC introduces a new product based on a series of consultation groups developed to train behavioral health professionals on the use of videoconferencing to deliver clinical services.
- [Listening Session and Strategic Discussion Series](#)  
The Addiction Technology Transfer Center (ATTC) Network, and the Prevention Technology Transfer Center (PTTC) Network are facilitating a FREE, national online discussion and resource sharing opportunity for the substance use (SU) prevention, treatment, and recovery workforces focused on emerging issues around social determinants of health (SDH) and COVID-19. [Download series overview.](#)
- [Substance Use Disorder Services in the Days of a Pandemic: You Need A Bigger Boat!](#)  
Providing SUD services during a pandemic requires a mix of disaster preparedness, safety precautions, telehealth, and ethics. During her tenure as a leader in SUD treatment, Sheila Weix has been involved with emergencies related to the HIV epidemic, 9/11, and the 2008 economic collapse. She is currently applying this experience in an outpatient treatment service that includes medication-assisted treatment in rural Wisconsin during the COVID19 pandemic. This webinar is from the Great Lakes ATTC.
- [Telehealth Learning Series for SUD Tx and Recovery Support Providers](#)  
This Telehealth Learning Series is a facilitated, FREE, national online discussion and resource sharing opportunity for substance use disorder (SUD) treatment providers and peer support specialists faced with transitioning their services to the use of telephone and videoconferencing - [LEARN MORE](#)
- [Online Telephone and Support Groups](#)  
Treatment providers and peer support specialists looking for online and telephone support groups for their patients/peers should review the list compiled by the Mountain Plains ATTC. Both 12 Step and none 12 Step-based online support groups are identified. This is not an exhaustive list but the links are active. After an initial review NONE of these sites are associated with specific treatment/recovery centers and do not require individuals to register first to access online group support services. [Download List \(Accessible\)](#)
- [Healing the Healer: Employing Principles of Neuroscience, CBT, and MI to Understand and Treat Compassion Fatigue Among Human Services Professionals](#)  
This webinar, presented by Troy Montserrat-Gonzales, LPC, LMHC, re-examines compassion fatigue and self-care in light of neuroscience research and offers practical tools for professionals to use to mitigate their own compassion fatigue and strengthen their resilience. This webinar was produced by the Northwest ATTC.
- [A Guide to Using Text Messages to Improve Substance Use Treatment Outcomes](#)  
Helping individuals remain in treatment or continue to participate in recovery support services can be difficult. However, with advances in both technology and science, text messages can be used to increase engagement, enhance education about the individual's condition, and help patients manage craving and other negative thoughts/moods. This step-by-step guide contains information for treatment and recovery support providers on

how to use text messages to expand the reach of their services. The guide can be used in conjunction with the webinar or as a stand-alone resource.

- **[Building Recovery Capital through Digital Health Technologies](#)**

This 4-part recorded video series showcases digital health technologies related to recovery support services for individuals with substance use disorders, thereby helping behavioral health peer recovery, clinical and administrative staff become familiar with and develop/increase their digital health technology skills.

- **[Mid America \(Region 7\) SUD Pandemic Resources](#)**

Resources and Updates to Support the SUD Workforce During the Pandemic. A curated list of federal and TTC resources for pandemic response, as well as state resources for HHS Region 7: Iowa, Kansas, Missouri, Nebraska.

- **[Great Lakes ATTC and Mid-America ATTC: SUD Treatment Webinar](#)**

COVID-19 has necessitated operational changes for Substance Use Disorder (SUD) residential treatment providers (community based social/medical detox, sobering beds, intermediate, reintegration, housed IOP levels of care, etc.). The purpose of this webinar was to share ideas around this topic. The discussion was lead by Mr. Scott Munson, CEO of the Sundown, a residential treatment center in Yakima, Washington. [Listen to the Recording Here.](#)

**ADDITIONAL PRODUCTS:**

ATTC	Product Type	Title	Link
New England ATTC	Print Media (Brochure, Monograph, Report, Poster)	Self Care Series: Regular Emotional Check-ins	<a href="https://attcnetwork.org/centers/new-england-attc/product/self-care-series-regular-emotional-check-ins">https://attcnetwork.org/centers/new-england-attc/product/self-care-series-regular-emotional-check-ins</a>
New England ATTC	Print Media (Brochure, Monograph, Report, Poster)	Group Norms Guidance for Online Engagement	<a href="https://attcnetwork.org/centers/new-england-attc/product/group-norms-guidance-online-engagement">https://attcnetwork.org/centers/new-england-attc/product/group-norms-guidance-online-engagement</a>
New England ATTC	Print Media (Brochure, Monograph, Report, Poster)	Self Care Series: Healthy Coping Behaviors	<a href="https://attcnetwork.org/centers/new-england-attc/product/self-care-series-healthy-coping-behaviors">https://attcnetwork.org/centers/new-england-attc/product/self-care-series-healthy-coping-behaviors</a>
New England ATTC	Print Media (Brochure, Monograph, Report, Poster)	Facilitation Guidance for Online Engagement	<a href="https://attcnetwork.org/centers/new-england-attc/product/facilitation-guidance-online-engagement">https://attcnetwork.org/centers/new-england-attc/product/facilitation-guidance-online-engagement</a>
New England ATTC	Print Media (Brochure, Monograph, Report, Poster)	Self Care Series: Coping With Distress	<a href="https://attcnetwork.org/centers/new-england-attc/product/self-care-series-coping-distress">https://attcnetwork.org/centers/new-england-attc/product/self-care-series-coping-distress</a>
Great Lakes ATTC	Multimedia (Video, Webinar Recording, Podcast)	Chicago Street Outreach & Linkage to OUD Care During a Pandemic	<a href="https://attcnetwork.org/centers/great-lakes-attc/product/chicago-street-outreach-linkage-oud-care-during-pandemic">https://attcnetwork.org/centers/great-lakes-attc/product/chicago-street-outreach-linkage-oud-care-during-pandemic</a>
Great Lakes ATTC	Multimedia (Video, Webinar Recording, Podcast)	Region 5: Supporting Behavioral Health Programs & Personnel During COVID-19	<a href="https://attcnetwork.org/centers/great-lakes-attc/product/region-5-supporting-behavioral-health-programs-personnel-during">https://attcnetwork.org/centers/great-lakes-attc/product/region-5-supporting-behavioral-health-programs-personnel-during</a>

## PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

**PTTC Pandemic Response Resources** - <https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources>

### UPCOMING WEBIVAR:

- **Take Your Break With Us - Challenges and Opportunities of the COVID-19 Work Environment: How to Create Training People Love to Attend – and Learn! - Part 1** – June 1, 2020 - <https://pttcnetwork.org/centers/northwest-pttc/event/take-your-break-us-virtual-series-how-create-training-people-love>
- **Connecting Prevention Specialists to Native Communities During Times of Crisis: Listening Sessions**  
The National American Indian & Alaska Native PTTC will be holding virtual sessions to support our Native communities in these challenging times – June 5, 2020 - <https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/event/connecting-prevention-specialists-7>
- **Take Your Break With Us - Challenges and Opportunities of the COVID-19 Work Environment: How to Create Training People Love to Attend – and Learn! - Part 2** – June 5, 2020 - <https://pttcnetwork.org/centers/northwest-pttc/event/take-your-break-us-virtual-series-how-create-training-people-love-0>

### ADDITIONAL RESOURCES:

- **The Role of Stigma in Substance Misuse Prevention: What Prevention Practitioners Can Do To Reduce Stigma**  
The Pacific Southwest PTTC developed a slide deck for practitioners to use in the field to engage in conversations about the role prevention practitioners can play in reducing stigma. - <https://pttcnetwork.org/centers/pacific-southwest-pttc/product/role-stigma-substance-misuse-prevention-what-prevention>
- The National Hispanic and Latino Prevention Technology Transfer Center is pleased to provide new fact sheets on **Prevention Tools for Latino Families During COVID-19** to download and distribute. This fact sheet was published in English, Spanish and Portuguese. Please click on the links to access the new fact sheets:
  - <https://pttcnetwork.org/sites/default/files/2020-05/PTTCPrevention-covid-English.pdf>
  - <https://pttcnetwork.org/sites/default/files/2020-05/PTTCPrevention-covid-Spanish.pdf>
  - <https://pttcnetwork.org/sites/default/files/2020-05/PTTCPrevention-covid-Portuguese.pdf>
- **Listening Sessions Summary: COVID-19's Impact on Prevention Practitioners** - In response to new challenges experienced by the prevention workforce resulting from the COVID-19 pandemic, the Pacific Southwest Prevention Technology Transfer Center (PTTC) facilitated four listening sessions over video conference with 111 prevention practitioners joining. This report provides an overall summary of the conversations across the four sessions. - <https://pttcnetwork.org/centers/pacific-southwest-pttc/product/listening-sessions-summary-covid-19s-impact-prevention>
- **Self-Care in a Selfless Field Webinar** Hosted by the Mountain Plains PTTC, this webinar touches on possible signs of burnout, how to implement self-care practices to your daily life, and receive available resources to combat the effects of work-related stress. This webinar. <https://pttcnetwork.org/centers/mountain-plains-pttc/event/self-care-selfless-field-webinar>

- [Prevention Practitioner’s Role in Disaster Response](#)  
The purpose of this checklist is to prepare the preventionist for their role before and after disasters. They have unique skills that can assist and align with disaster response efforts.
- [Social Development Strategy Slide Deck for You by the Northwest PTTC](#)  
This is a 10-slide downloadable deck highlight the Social Development Strategy. It includes notes for prevention practitioners to incorporate into presentations.

## SMI Adviser Resources

### Resources on COVID-19 and Serious Mental Illness

SMI Adviser compiled a list of resources for clinicians who serve individuals with serious mental illness (SMI). During this crisis, refer to the evidence-based resources below for specific guidance around COVID-19. If you have specific questions on recent changes in telepsychiatry, prescribing clozapine, or any other topic, you may request a consultation from one of our national experts.

SMI Adviser Coronavirus Resources: <https://smiadviser.org/covid>

- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

### Recorded Webinars:

- Managing the Mental Health Effects of COVID-19  
[https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm\\_source=SMI\\_Adviser\\_COVID\\_19\\_Email&utm\\_medium=March2020](https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm_source=SMI_Adviser_COVID_19_Email&utm_medium=March2020)
- Telepsychiatry in the Era of COVID-19  
[https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm\\_source=Email&utm\\_medium=WebinarEmail](https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm_source=Email&utm_medium=WebinarEmail)
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing  
<https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7289>

## Center of Excellence for Protected Health Information – Focus-PHI

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing [SAMHSA’s COVID-19 Guidance and Resources](#) as well as the [HHS Office of Civil Rights’ Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency](#).

**Tips to keep your telehealth visit private** - <https://coephi.org/sites/default/files/tips-individuals.pdf>

**Federal Guidance for SUD and Mental Health Treatment Providers** - [http://coephi.org/sites/default/files/provider\\_telehealth\\_and\\_privacy.pdf](http://coephi.org/sites/default/files/provider_telehealth_and_privacy.pdf)

### Recorded Webinars at <http://coephi.org/>

- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;

- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

## PCSS Resources

Resources and presentations can be found at <https://pcssnow.org/?s=COVID>

### Tip Sheet

- Telehealth Tip Sheet - <https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c1.docx>

### Recorded Webinars

- Telepsychiatry's Role in Medication Assisted Treatment: <https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/>
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities: <https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/>
- Telemedicine-Delivered Buprenorphine Treatment in the Age of COVID-19 - <https://pcssnow.org/event/tele-buprenorphine-in-the-age-of-covid-19/>
- Optimal MOUD prescribing practices for the Future: During the COVID-19 Pandemic and Beyond - <https://pcssnow.org/event/optimal-moud-prescribing-practices-for-the-future-during-the-covid-19-pandemic-and-beyond/>
- How COVID-19 Impacts Clinical Practice - <https://pcssnow.org/event/how-covid-19-impacts-clinical-practice-3/>

### Online Trainings

- [Treating the Homeless During COVID-19](#)
- Supporting Providers After Overdose Death: <https://learning.pcssnow.org/p/SupportingProviders>
- Grief and Managing an Overdose Death: <https://pcssnow.org/event/grief-and-managing-an-overdose-death/>
  - Related resource document: <https://pcssnow.org/resource/grief-and-overdose-death-2/>
- Young adult seeking treatment after overdosing: <https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/>
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths: <https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aaaam/>
- Stress, Relaxation, and Mindful Breathing: A Primer: <https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/>

### Checklist

- Initial Patient Contact about Buprenorphine Checklist - <https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf>

## ORN Resources

### Recorded Webinars

- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - <https://opioidresponsenetwork.org/COVID19.aspx#Video>

- Telemedicine: Getting Started, Regulations and Privacy Issues.  
[https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product\\_tab\\_overview](https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview)
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts -  
<https://opioidresponsenetwork.org/COVID19.aspx>
- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. [https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product\\_tab\\_overview](https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview)
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders  
<https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=9338>

## Manual

- Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders -  
<https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=4162>

Updated May 29, 2020