

Training and Technical Assistance Related to COVID-19

MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

MHTTC Pandemic Response Resources including recorded webinars: <https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19>

Upcoming webinars:

- Jul 27 - Classroom Well-Being Information and Strategies for Educators (WISE): Implementation Support Planning for School Mental Health Leaders (SESSION 4) - <https://mhttcnetwork.org/centers/southeast-mhttc/event/classroom-well-being-information-and-strategies-educators-wise-2>
- Jul 28 - Organizational Restructure to Promote BIPOC Employees' Well-Being - <https://mhttcnetwork.org/centers/new-england-mhttc/event/organizational-restructure-promote-bipoc-employees-well-being>
- Jul 29 - Native Spirituality: Creating Time and Space for Trauma Recovery and Wellness - <https://mhttcnetwork.org/centers/new-england-mhttc/event/spirituality-faith-and-religion-creating-time-and-space-2>

ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:

ATTC Pandemic Response Resources - <https://attcnetwork.org/centers/global-attc/pandemic-response-resources>

Upcoming webinars:

- Jul 30 - Co-Occurring Disorders: Self-care: the impact of treating Co-occurring disorders during a pandemic - <https://attcnetwork.org/centers/central-east-attc/event/co-occurring-disorders-self-care-impact-treating-co-occurring>

PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

PTTC Pandemic Response Resources - <https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources>

Upcoming webinars:

- Jul 27 - Talking about Grief and COVID-19 in the Hispanic and Latin Community: Life Experiences and Therapeutic Strategies from Acceptance and Commitment Therapy - <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/event/conversando-sobre-luto-e-covid-19-na-comunidade-0>
- Jul 27 - Conversando sobre Luto e COVID-19 na Comunidade Hispânica e Latina: Experiências de vida e Estratégias da Terapia de Aceitação e Compromisso (This webinar will be in Portuguese) - <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/event/conversando-sobre-luto-e-covid-19-na-comunidade>

TTC Products

TTC	Resource Type	Title	Link
Mountain Plains MHTTC	Presentation Slides	Experiential Ways to Build Up Your Mental Health and Resilience; HHS Region 8	https://mhffcnetwork.org/centers/mountain-plains-mhffc/product/experiential-ways-build-your-mental-health-and-resilience-hhs
New England MHTTC	Multimedia (Video, Webinar Recording, Podcast)	EPLC Building Clinicians' Resilience during Challenging Times	https://mhffcnetwork.org/centers/new-england-mhffc/product/eplc-building-clinicians-resilience-during-challenging-times
New England MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Ask a Peer: COVID-19 Vaccine Q&A for Youth and Families	https://mhffcnetwork.org/centers/new-england-mhffc/product/ask-peer-covid-19-vaccine-qa-youth-and-families
New England MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Spirituality, Faith, and Religion: Creating a Time and Space for Connection, Wellness, and Hope for Health Care Providers - Session 1	https://mhffcnetwork.org/centers/new-england-mhffc/product/spirituality-faith-and-religion-creating-time-and-space
Mid-America MHTTC	Presentation Slides	Slide Deck: Professional Well-Being (Coming Home to Primary Care Series Webinar 9)	https://mhffcnetwork.org/centers/mid-america-mhffc/product/dont-go-it-alone-meaningful-connections-can-help-you-through
Mid-America MHTTC	Multimedia (Video, Webinar Recording, Podcast)	When empathy becomes too much: How crises translate to trauma and what to do about it (Burnout Busters The Podcast)	https://mhffcnetwork.org/centers/mid-america-mhffc/product/when-empathy-becomes-too-much-how-crises-translate-trauma-and

SMI Adviser Resources

Resources on COVID-19 and Serious Mental Illness

SMI Adviser compiled a list of resources for clinicians who serve individuals with serious mental illness (SMI). During this crisis, refer to the evidence-based resources below for specific guidance around COVID-19. If you have specific questions on recent changes in telepsychiatry, prescribing clozapine, or any other topic, you may request a consultation from one of our national experts.

SMI Adviser Coronavirus Resources: <https://smiadviser.org/covid>

- Resources on COVID-19 and Serious Mental Illness

- Education Activities about COVID-19
- COVID-19 Resources

Resources:

How to prepare for a Video Appointment - https://smiadviser.org/wp-content/uploads/2020/04/How-to-Prepare-for-a-Video-Appointment.pdf?utm_source=Mailchimp&utm_medium=Email

How to Talk About the COVID-19 Vaccines with Individuals Who Have Serious Mental Illness (SMI) - <https://smiadviser.org/wp-content/uploads/2021/05/SMI-and-the-COVID-19-Vaccine.pdf>

Recorded Webinars:

- Managing the Mental Health Effects of COVID-19 - <https://education.smiadviser.org/diweb/catalog/item?id=5913433>
- Telepsychiatry in the Era of COVID-19 - <https://education.smiadviser.org/diweb/catalog/item?id=5915061>
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing <https://education.smiadviser.org/diweb/catalog/item?id=5915139>

National Center of Excellence for Eating Disorders (NCEED)

NCEED has gathered information to help support the community as the COVID-19 crises evolve. Resources were created to provide guidance on how to support yourself, your loved ones and your patients: <https://www.nceedus.org/covid/>

- **Eating Disorders and COVID-19: What Healthcare Providers Need to Know** - <https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Healthcare-Providers.pdf>
- **Eating Disorders and COVID-19: What Individuals and Families/Caregivers Need to Know** - <https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Individuals-and-Families.pdf>

Center of Excellence for Protected Health Information – Focus-PHI

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing [SAMHSA's COVID-19 Guidance and Resources](#) as well as the [HHS Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency](#).

Tips to keep your telehealth visit private - <https://coephi.org/sites/default/files/tips-individuals.pdf>

Federal Guidance for SUD and Mental Health Treatment Providers - http://coephi.org/sites/default/files/provider_telehealth_and_privacy.pdf

SAMHSA 42 CFR Part 2 Revised Rule - On July 15, 2020, SAMHSA finalized changes to the Confidentiality of Substance Use Disorder Patient Records regulations, 42 CFR Part 2 ("Part 2"). Part 2 protects the confidentiality of individuals in substance use disorder treatment, and establishes privacy and security requirements for written, electronic, and verbal information. **The effective date of the changes to Part 2 will be August 14, 2020.** [Read the SAMHSA 42 CFR Part 2 Fact Sheet](#) for further details regarding the changes.

Recorded Webinars at <http://coephi.org/>

- Understanding the new changes on 42 CFR Part 2
- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;
- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

PCSS Resources

Resources and presentations can be found at <https://pcssnow.org/?s=COVID>

Tip Sheet

- Telehealth Tip Sheet - <https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c1.docx>

Recorded Webinars

- Taking Care of the Compassionate Care Team: Conversations about Moral Distress and Moral Injury - https://pcssnow.org/calendar-of-events/list/?tribe_paged=1&tribe_event_display=past&tribe_eventcategory=6
- Telepsychiatry's Role in Medication Assisted Treatment: <https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/>
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities: <https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/>
- Telemedicine-Delivered Buprenorphine Treatment in the Age of COVID-19 - <https://pcssnow.org/event/tele-buprenorphine-in-the-age-of-covid-19/>
- Optimal MOUD prescribing practices for the Future: During the COVID-19 Pandemic and Beyond - <https://pcssnow.org/event/optimal-moud-prescribing-practices-for-the-future-during-the-covid-19-pandemic-and-beyond/>
- How COVID-19 Impacts Clinical Practice - <https://pcssnow.org/event/how-covid-19-impacts-clinical-practice-3/>

Online Trainings

- Supporting Providers After Overdose Death: <https://learning.pcssnow.org/p/SupportingProviders>
- Grief and Managing an Overdose Death: <https://pcssnow.org/event/grief-and-managing-an-overdose-death/>
 - Related resource document: <https://pcssnow.org/resource/grief-and-overdose-death-2/>
- Young adult seeking treatment after overdosing: <https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/>
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths: <https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aoaam/>
- Stress, Relaxation, and Mindful Breathing: A Primer: <https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/>

Checklist

- Initial Patient Contact about Buprenorphine Checklist - <https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf>

ORN Resources

Recorded Webinars

- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - <https://opioidresponsenetwork.org/COVID19.aspx#Video>
- Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - <https://opioidresponsenetwork.org/COVID19.aspx>

- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders <https://opioidresponsernetwork.org/admin/ResourceDetails.aspx?resourceID=9338>

Manual

- Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders - <https://opioidresponsernetwork.org/admin/ResourceDetails.aspx?resourceID=4162>

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