

Training and Technical Assistance Related to COVID-19

MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

 $\label{lem:mattc} \begin{tabular}{ll} MHTTC Pandemic Response Resources including recorded webinars: $$ \underline{$https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19} $$$

Upcoming webinars:

- Aug 16 Mental Health Service Providers Mutual Support Group https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/event/mental-health-service-providers-mutual-support-group-5
- Aug 19 Navigating the New Normal: American Indian and Alaska Native School Communities Reopening in 2021-2022 - https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/navigating-new-normal-american-1
- Aug 20 Navigating the New Normal: American Indian and Alaska Native School Communities Reopening in 2021-2022 - https://mhttcnetwork.org/centers/national-american-indian-and-alaska-native-mhttc/event/navigating-new-normal-american-2

ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:

ATTC Pandemic Response Resources - https://attcnetwork.org/centers/global-attc/pandemic-response-resources

PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

PTTC Pandemic Response Resources - https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources

TTC Products

TTC	Resource Type	Title	Link
Northeast &	Presentation	Telebehavioral Health	https://mhttcnetwork.org/centers/northeast-
Caribbean	Slides	Services: Planning and	caribbean-mhttc/product/telebehavioral-
MHTTC		Investing for the Future of	health-services-planning-and-investing
		Your Services Session 1:	
		The Future of Telebehavioral	

		Health and Digital Mental Health Services	
Northeast & Caribbean MHTTC	Presentation Slides	Telebehavioral Health Services: Planning and Investing for the Future of Your Services Session 2: The Evidence-Base for Telebehavioral Health and Digital Mental Health Services	https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/product/telebehavioral-health-services-planning-and-investing-0
Southeast MHTTC	Print Media (Brochure, Monograph, Report, Poster)	Second Pandemic: Mental Health Impacts (Infographic)	https://mhttcnetwork.org/centers/southeast-mhttc/product/second-pandemic-mental-health-impacts-infographic
Mountain Plains MHTTC	Presentation Slides	Experiential Ways to Build Up Your Mental Health and Resilience; HHS Region 8	https://mhttcnetwork.org/centers/mountain-plains-mhttc/product/experiential-ways-build-your-mental-health-and-resilience-hhs
New England MHTTC	Multimedia (Video, Webinar Recording, Podcast)	EPLC Building Clinicians' Resilience during Challenging Times	https://mhttcnetwork.org/centers/new- england-mhttc/product/eplc-building- clinicians-resilience-during-challenging-times
New England MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Ask a Peer: COVID-19 Vaccine Q&A for Youth and Families	https://mhttcnetwork.org/centers/new- england-mhttc/product/ask-peer-covid-19- vaccine-qa-youth-and-families

SMI Adviser Resources

Resources on COVID-19 and Serious Mental Illness

SMI Adviser compiled a list of resources for clinicians who serve individuals with serious mental illness (SMI). During this crisis, refer to the evidence-based resources below for specific guidance around COVID-19. If you have specific questions on recent changes in telepsychiatry, prescribing clozapine, or any other topic, you may request a consultation from one of our national experts.

SMI Adviser Coronavirus Resources: https://smiadviser.org/covid

- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

Resources:

How to prepare for a Video Appointment - https://smiadviser.org/wp-content/uploads/2020/04/How-to-Prepare-for-a-Video-Appointment.pdf?utm_source=Mailchimp&utm_medium=Email

How to Talk About the COVID-19 Vaccines with Individuals Who Have Serious Mental Illness (SMI) -

https://smiadviser.org/wp-content/uploads/2021/05/SMI-and-the-COVID-19-Vaccine.pdf

Recorded Webinars:

- Managing the Mental Health Effects of COVID-19 https://education.smiadviser.org/diweb/catalog/item?id=5913433
- Telepsychiatry in the Era of COVID-19 https://education.smiadviser.org/diweb/catalog/item?id=5915061
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing https://education.smiadviser.org/diweb/catalog/item?id=5915139

National Center of Excellence for Eating Disorders (NCEED)

NCEED has gathered information to help support the community as the COVID-19 crises evolve. Resources were created to provide guidance on how to support yourself, your loved ones and your patients: https://www.nceedus.org/covid/

- Eating Disorders and COVID-19: What Healthcare Providers Need to Know https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Healthcare-Providers.pdf
- Eating Disorders and COVID-19: What Individuals and Families/Caregivers Need to Knowhttps://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Individuals-and-Families.pdf

Center of Excellence for Protected Health Information – Focus-PHI

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing SAMHSA's COVID-19 Guidance and Resources as well as the HHS Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency.

Tips to keep your telehealth visit private - https://coephi.org/sites/default/files/tips-individuals.pdf
Federal Guidance for SUD and Mental Health Treatment Providers - http://coephi.org/sites/default/files/provider telehealth and privacy.pdf

SAMHSA 42 CFR Part 2 Revised Rule - On July 15, 2020, SAMHSA finalized changes to the Confidentiality of Substance Use Disorder Patient Records regulations, 42 CFR Part 2 ("Part 2"). Part 2 protects the confidentiality of individuals in substance use disorder treatment, and establishes privacy and security requirements for written, electronic, and verbal information. **The effective date of the changes to Part 2 will be August 14, 2020.** Read the SAMHSA 42 CFR Part 2 Fact Sheet for further details regarding the changes.

Recorded Webinars at http://coephi.org/

- Understanding the new changes on 42 CFR Part 2
- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;
- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

PCSS Resources

Resources and presentations can be found at https://pcssnow.org/?s=COVID

Tip Sheet

Telehealth Tip Sheet https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c
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Recorded Webinars

- Taking Care of the Compassionate Care Team: Conversations about Moral Distress and Moral Injury https://pcssnow.org/calendar-of-events/list/?tribe_paged=1&tribe_event_display=past&tribe_eventcategory=6
- Telepsychiatry's Role in Medication Assisted Treatment: https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities:
 https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/
- Telemedicine-Delivered Buprenorphine Treatment in the Age of COVID-19 https://pcssnow.org/event/tele-buprenorphine-in-the-age-of-covid-19/
- Optimal MOUD prescribing practices for the Future: During the COVID-19 Pandemic and Beyond -https://pcssnow.org/event/optimal-moud-prescribing-practices-for-the-future-during-the-covid-19-pandemic-and-beyond/
- How COVID-19 Impacts Clinical Practice https://pcssnow.org/event/how-covid-19-impacts-clinical-practice-3/

Online Trainings

- Supporting Providers After Overdose Death: https://learning.pcssnow.org/p/SupportingProviders
- Grief and Managing an Overdose Death: https://pcssnow.org/event/grief-and-managing-an-overdose-death/
 - Related resource document: https://pcssnow.org/resource/grief-and-overdose-death-2/
- Young adult seeking treatment after overdosing: https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths:
 <u>https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aoaam/</u>
- Stress, Relaxation, and Mindful Breathing: A Primer: https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/

Checklist

 Initial Patient Contact about Buprenorphine Checklist https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf

ORN Resources

Recorded Webinars

- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts https://opioidresponsenetwork.org/COVID19.aspx#Video
- Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product tab overview
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts https://opioidresponsenetwork.org/COVID19.aspx
- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=9338

Manual

• Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders - https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=4162

Updated August 16, 2021.