SAMHSA
Tribal Training and Technical Assistance Center

Who We Are

The Tribal Training and Technical Assistance (TTA) Center is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). We use a culturally relevant, evidence-based, holistic approach to support Native communities in their self-determination efforts through infrastructure development and capacity building, as well as program planning and implementation.

What We Do

The Tribal TTA Center provides TTA on mental and substance use disorders, suicide prevention, and the promotion of mental health. We offer broad, focused, and intensive TTA to federally recognized tribes, other American Indian and Alaska Native (AI/AN) communities, SAMHSA tribal grantees, and organizations serving Indian Country.

Who We Serve

- Rural and urban tribal nations and organizations
- SAMHSA tribal grantees
- A select group of communities for intensive TTA
- TTA contractors who serve tribal grantees and tribal members
- Governmental and non-governmental entities

How to Request TTA

Tribal communities and SAMHSA tribal grantees can contact the Tribal TTA Center to submit TTA inquiries via:

Tribal TTA Center Webpage
www.samhsa.gov/tribal-ttac

SAMHSA Tribal Training and Technical Assistance Center
Phone: 301-257-2967
218 North Lee Street, Suite 321
Alexandria, VA 22314
Email: TA-Request@tribaltechllc.com

Following your request, you will be contacted by Tribal TTA Center staff.

AI/AN communities have the cultural knowledge, skills, and resilience to address and prevent mental and substance use disorders, prevent suicide, and promote behavioral health. Their cultural beliefs and practices provide a foundation for promoting lasting wellness, solving problems, and taking action.

Strategic Cultural Framework

The SAMHSA Tribal TTA Center is based on these principles:

Vision

Behavioral health and wellness for tribal communities begins with acknowledging the effects of historical trauma, honoring cultural values, and developing a vision of success.

Circles of Relationships

The quality and authenticity of relationships provides the critical pathway for this work to be effective and sustainable. These circles of relationships must emerge from the community and be based on the successful integration of memberships and responsibilities.

Sense of Hope

Tribal communities believe spirituality is at the core of their survival. A sense of hope includes interconnectedness (circles of relationships), sacredness of inner spirit (cultural resilience), balance (awareness), and responsibility to be lifelong learners (growth).

PrettyPaint, I. (2008) Miracle survivors: A grounded theory on educational persistence for tribal college students. Minneapolis, MN: University of Minnesota

Substance Abuse and Mental Health Services Administration
SAMHSA
www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)

How We Deliver Training and Technical Assistance (TTA)

- National and regional trainings
- Gathering of Native Americans/Gathering of Alaska Natives
- Learning communities
- Assistance with Tribal Action Plans
- Intensive community engagement
- Onsite and virtual technical assistance
- Production and dissemination of resources

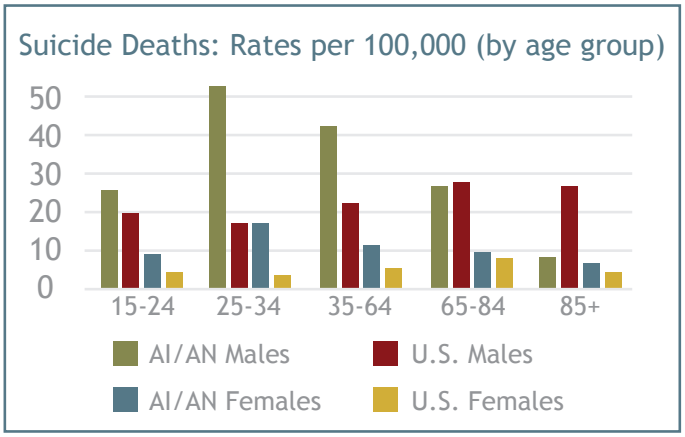
Collaborative Partnerships

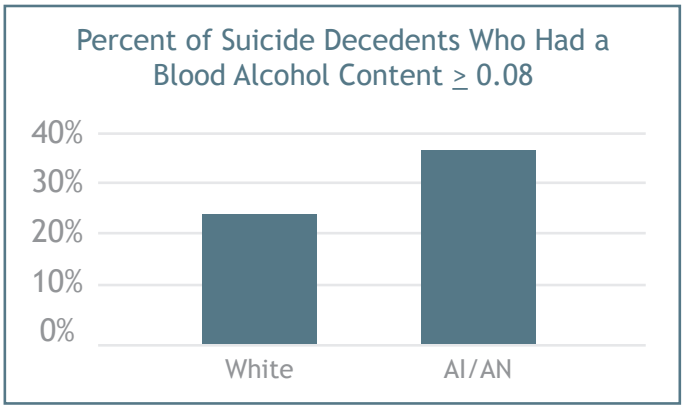
The Tribal TTA Center partners with other TTA providers and federal agencies servicing AI/AN tribes and communities to maximize resources and efforts in Indian Country that promote mental health and support the prevention of suicide and substance abuse. Some of these partners are:

- Collaborative for the Application of Prevention Technologies (CAPT)
- Fetal Alcohol Spectrum Disorders Center for Excellence
- Office of Indian Alcohol and Substance Abuse (OIASA)
- SAMHSA Regional Administrators
- Suicide Prevention Resource Center (SPRC)

Need for Services

Suicide rates of AI/AN populations are higher than any other group in the United States. The National Survey on Drug Use and Health reports that AI/AN populations drink less overall than the national average, but the rate of binge drinking is higher. Alcohol abuse, and particularly binge drinking, has been shown to contribute to higher rates of suicide.





Data Source: Research Society on Alcoholism (2013)

The Path Ahead

- Provide TTA to federally recognized tribes, other AI/AN communities, SAMHSA tribal grantees, and organizations serving Indian Country.
- Work collaboratively with governmental and non-governmental entities to leverage resources and address a variety of issues affecting tribal communities, families, and youth.
- Work with SAMHSA tribal grantees and other TTA contracts that serve tribal grantees and tribal members.
- Assist tribal communities in mobilizing, planning, and implementing community-based and culturally tailored evidence-based interventions.
- Increase protective factors linked to the healthy and safe development of AI/AN children, families, and communities.