



# Shopping break. A perfect moment to talk about alcohol.

An alarming number of pre-teens are drinking alcohol – which makes it urgent to find every opportunity to talk to your kids about the dangers of underage drinking. For tips on how – and when – to begin the conversation, visit:

[www.underagedrinking.samhsa.gov](http://www.underagedrinking.samhsa.gov)

**i talk**  
they hear you

