Get Help: 24/7 Confidential Support

Treatment Services Info:
• Find a mental or substance use disorder treatment facility near you: National Helpline
  1-800-662-HELP [4357]
• Behavioral Health Treatment Services Locator:
  https://findtreatment.samhsa.gov

Immediate Crisis Counseling:
• National Suicide Prevention Lifeline
  1-800-273-TALK [8255]
• Veterans Crisis Line
  1-800-273-TALK [8255] (press 1)
• Disaster Distress Helpline
  1-800-985-5990

SAMHSA is the lead Federal agency for public health efforts to advance behavioral health prevention, intervention, treatment, and recovery for individuals and their families.

What We Do
• Reduce the impact of mental and substance use disorders on America's communities; and
• Improve the lives of individuals living with/or in recovery from mental illnesses and substance use disorders.

How We Do It
• Provide grant funding opportunities and guidance to states and territories, as well as tribal and local communities;
• Provide technical assistance to grantees and practitioners;
• Publish and share resources for individuals and family members seeking information on prevention, harm reduction, treatment and recovery;
• Collect, analyze and share behavioral health data;
• Collaborate with other Federal agencies to evaluate programs and improve policies; and
• Raise awareness of available resources through educational messaging campaigns and events.

For more information on SAMHSA grants, programs, products, and data, visit SAMHSA.gov.

To join our team, visit samhsa.gov/join-us.