



Substance Abuse and Mental Health
Services Administration

Get Support from SAMHSA

Find a Treatment Facility or Provider

- Find mental health and substance use disorder treatment resources in your area:
 - [FindTreatment.gov](#)
 - [FindTreatment.gov/es](#)
 - Or call the [National Helpline](#): 1-800-662-HELP [4357] for information in English and [Spanish](#)

Get Tips on Finding Support in Your Community

- Get help navigating the journey to better behavioral health:
 - [FindSupport.gov](#)
 - [EncuentraApoyo.gov](#)

In Crisis? Get Help Right Away

- [988 Suicide & Crisis Lifeline](#)
 - Call, text, or [chat](#) 988
- [988 Línea de Prevención del Suicidio y Crisis](#)
 - Llama, textea, [chatea](#) con 988
- [Veterans Crisis Line](#)
 - Dial 988 and then press 1
- [Disaster Distress Helpline](#)
 - 1-800-985-5990



What We Do

The mission of the Substance Abuse and Mental Health Services Administration (SAMHSA) is to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatment and support to foster recovery while ensuring equitable access and better outcomes.

SAMHSA envisions that people with, affected by, or at risk for mental health and substance use conditions receive care, achieve well-being, and thrive.

How We Do It

- Provide grant funding opportunities and guidance to states and territories, as well as to tribal and local communities
- Support grantees and practitioners with training and technical assistance
- Disseminate prevention, harm reduction, treatment, and recovery resources
- Collect, analyze, and share behavioral health data
- Collaborate with other federal agencies to evaluate programs and improve policies
- Raise awareness of resources through public education campaigns

Priorities and Guiding Principles

SAMHSA's priorities focus on five key areas:

1. Preventing substance use and overdose
2. Enhancing access to suicide prevention and mental health services
3. Promoting resilience and emotional health for children, youth, and families
4. Integrating behavioral and physical health care
5. Strengthening the behavioral health workforce

Four principles guide our work throughout each priority area: equity, trauma-informed approaches, recovery, and commitment to data and evidence.

For more information on:

- SAMHSA grants, visit: [samhsa.gov/grants](#)
- SAMHSA publications and digital products, visit: [store.samhsa.gov](#)
- SAMHSA data, visit: [samhsa.gov/data](#)

To join our team, visit [samhsa.gov/join-us](#).

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Contact us: [samhsa.gov/contact-us](#)

FAQs: [samhsa.gov/faqs](#)

For media and press inquiries: [media@samhsa.hhs.gov](#)



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