



# Girls Matter!

*A webinar series addressing adolescent girls' behavioral health*

## The Power of Youth Development and Recovery Supports

**Youth development and recovery principles form a framework for addressing the behavioral health concerns of adolescent girls.** This webinar will explore youth development and how to incorporate youth development into substance abuse and mental health services and recovery supports. Topics include ongoing support, including education and employment, supportive connections, and reduced stigma/discrimination. Participants will leave feeling inspired, motivated, and empowered with new ideas and resources.

*Participants will be able to describe:*

- Principles of youth development and recovery
- Strategies for applying youth development and recovery principles to create a recovery-oriented system for girls
- Girls' recovery supports including acceptance, connection with peers, employment and education, empowerment, and community

**THURSDAY, JULY 24, 2014 • 3:00–4:30 PM ET** (2:00 CT, 1:00 MT, 12:00 PT)



[Click Here to Register!](#)

## Featured Speakers

### **Karen Pittman, M.A. — Forum On Youth Investment**

Karen J. Pittman is President and CEO of the Forum for Youth Investment, and a respected sociologist, author, and leader in youth development. Previously, Ms. Pittman launched adolescent pregnancy prevention initiatives at the Children's Defense Fund, started the Center for Youth Development and Policy Research, and served as Senior Vice President at the International Youth Foundation.

### **Lacy Kendrick Burk, M.S. — Youth Move**

Lacy Kendrick Burk is Executive Director of Youth MOVE National. Previously, Ms. Kendrick Burk offered training and technical assistance at National Child Welfare Resource Center for Youth Development. She spent 6 years in foster care as a teen and was later adopted by her long-term foster parents at age 28.

### **Cortney Lovell — The Way Out**

Cortney Lovell is an addiction counselor and Co-Founder of an Upstate New York recovery advocacy program The Way Out. She is a Board member for a non-profit statewide recovery advocacy program, FOR-NY, and is part of SAMHSA's planning partners group for National Recovery Month. Ms. Lovell is also a young person in long-term recovery from addiction.

### **Sarah Nerad, B.S. — PTR Associates**

Ms. Nerad is Co-Founder and Managing Partner of PTR Associates, which bridges gaps among prevention, treatment, and recovery with a focus on youth. She was a founding member of Young People in Recovery and was involved in the 2013 SAMHSA Bringing Recovery Supports to Scale Youth Summit. She has been in recovery since 2007.

*Earn 1.5 CEHs While Updating Your Knowledge on Adolescent Girls*



NAADAC and NBCC CEHs are available through the ATTC Network Coordinating Office. These CEHs are also recognized by many other licensing boards; contact your licensing board for more information. There is no charge for CEHs during the live webinars; simply complete a post-test at the end.