

Substance Abuse and Mental Health Services Administration

National Resources for YouthBuild Program

SAMHSA Regional Administrators

<http://beta.samhsa.gov/about-us/who-we-are/regional-administrators>



Programs and Tools

GenerationRx Tool Kits - Ohio State University, College of Pharmacy toolkit to teach college and high school students about prescription drug use. <https://pharmacy.osu.edu/outreach/generation-rx-toolkits>

Maximizing Your Role as a Teen Influencer and Not Worth the Risk – Even If It’s Legal - National Council on Patient Information and Education (NCPPIE), toolkits to keep teens safe from prescription drugs. www.talkaboutrx.org/maximizing_role.jsp

Strategic Sharing Workbook: Youth Voice in Advocacy - A workbook developed to guide individuals who have experienced traumatic life experiences and are interested in sharing their stories in an effort to promote change. This can be used by individual youths or adult allies working with youth or youth groups. <http://www.pathwaysrtc.pdx.edu/pdf/pbStrategicSharingGuide.pdf>

YOUTH MOVE NATIONAL

YOUTH M.O.V.E. – A youth led national organization that works as a diverse collective to unite the voices and causes of youth while raising awareness around youth issues. We will advocate for youth rights and voice in mental health and the other systems that serve them, for the purpose of empowering youth to be equal partners in the process of change. Includes many resources and opportunities for involvement. <http://www.youthmovenational.org/>

Mental Health First Aid - Mental Health First Aid is an in-person training that teaches you how to help adults or youth developing a mental illness or in a crisis. Youth MHFA is available for to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent who is experiencing a mental health or addictions challenge or is in crisis. Learn more or schedule a training at: www.mentalhealthfirstaid.org



Publications

Disconnected Youth - Disconnected youth are often defined as young people ages 14-24 who are homeless, in foster care, involved in the justice system, or are neither employed nor enrolled in an educational institution. Across the U.S., there are approximately 6.7 million youth that exhibit one or more of the above risk factors and touch multiple systems. <http://www.findyouthinfo.gov/youth-topics/reconnecting-youth>

Blueprint for Change: A Comprehensive Model for the Identification and Treatment of Youth with Mental Health Needs in Contact with the Juvenile Justice System – A conceptual and practical framework for juvenile justice and mental health systems to use when developing strategies, policies, and services aimed at improving mental health services for youth involved with the juvenile justice system. http://www.ncmhjj.com/wp-content/uploads/2013/07/2007_Blueprint-for-Change-Full-Report.pdf

Promise for the Future: How Federal Programs Can Improve the Career Outcomes for Youth and Young Adults with Serious Mental Health Conditions - This publication examines various federal programs that can provide assistance in meeting the educational, vocational and basic supports needs of youth and young adults (from ages 16 to 30) with serious mental health conditions. <http://labs.umassmed.edu/transitionsRTC/Resources/publications/promiseforthefuture.pdf>

Mentoring Programs: A Framework to Inform Program Development, Research and Evaluation - A brief summary of what is

currently known about different approaches to mentoring and proposes a framework that identifies both the common and the specific elements among different youth mentoring approaches. http://utsasmile.org/pdf/Karcher_ProgramFrameworkJCP06.pdf

SAMHSA Grants and Cooperative Agreements



“Now is the Time” Healthy Transitions: Improving Life Trajectories for Youth and Young Adults with, or at Risk for, Serious Mental Health Conditions Grant - The purpose of this program is to improve access to treatment and support services for youth and young adults ages 16 – 25 that either have, or are at risk of developing a serious mental health condition. Individuals who are 16 – 25 years old are at high risk of developing a mental illness or substance use disorder, and are at high risk for suicide.

<http://beta.samhsa.gov/grants/grant-announcements/sm-14-017>

Children’s Mental Health Initiative – Cooperative agreement to support States, political subdivisions within States, the District of Columbia, Territories, Native American Tribes and tribal organizations, in developing integrated home and community-based services and supports for children and youth with serious emotional disturbances and their families by encouraging the development and expansion of effective and enduring systems of care.

Healthy Transitions Initiative – Cooperative agreement to create developmentally-appropriate and effective youth-guided local systems of care to improve outcomes for youth and young adults with serious mental health conditions in areas such as education, employment, housing, mental health and co-occurring disorders, and decrease contacts with the juvenile and criminal justice system.

Cooperative Agreements for State Adolescent Treatment Enhancement and Dissemination – Cooperative agreement to provide funding to states/territories/tribes to improve treatment for adolescents and transitional aged youth through the development of a learning laboratory with collaborating local community-based treatment provider sites.

Campus Suicide Prevention Grants - The purpose of this program is to facilitate a comprehensive approach to preventing suicide in institutions of higher education.

SAMHSA Technical Assistance

National Technical Assistance (TA) Center for Children’s Mental Health - Works in partnership with families and many other leaders across the country to transform systems and services for children, adolescents, and young adults who have, or are at risk for, mental health problems and their families. One of the leading initiatives includes Family and Youth.

<http://gucchdtacenter.georgetown.edu/>

National Resource Center for Mental Health Promotion and Youth Violence Prevention - Offers resources and technical assistance to states and local communities to come together to prevent youth violence. <http://healthsafechildren.org>

SAMHSA’s Tribal Training and TA Center - Provides training and technical assistance (TTA) on mental and substance use disorders, suicide prevention, and the promotion of mental health. <http://beta.samhsa.gov/tribal-ttac>

Suicide Prevention Resource Center - Provides technical assistance, training, and materials to increase the knowledge and expertise of suicide prevention practitioners and other professionals serving people at risk for suicide.

http://www.sprc.org/about_sprc

The PeerLink TA Center (Portland)- Works to strengthen the capacity and infrastructure of peer-run programs and traditional mental health organizations. <http://www.peerlinktac.org/>

The Institute for Innovation and Implementation (The Institute) at the University of Maryland - Serves as a training, technical assistance, evaluation, policy, systems design, and finance center for the Maryland Children's Cabinet and its member agencies, along with multiple other states, localities, and private organizations. <https://theinstitute.umaryland.edu/about.cfm>

The Learning & Working During the Transition to Adulthood Rehabilitation Research & Training Center - Aims to improve the supports for youth and young adults, ages 14-30, with serious mental health conditions who are trying to successfully complete their schooling and training and move into rewarding work lives.

<http://labs.umassmed.edu/transitionsRTC/index.htm#sthash.Bmhe9rpD.dpbs>

Treatment Services

SAMHSA's Treatment Locator – Find treatment locations in your area for substance abuse or mental illness as well as other resources at <http://www.samhsa.gov/treatment/index.aspx>



Suicide Prevention Hotline – 1-800-273-TALK (8255); TTY – 1-800-799-4889

24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. Your call is routed to the nearest crisis center in the national network of more than 150 crisis centers. www.suicidepreventionlifeline.org

SAMHSA's National Hotline – 1-800-662-HELP (4357); TTY: 1-800-487-4889

24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish.

www.samhsa.gov/treatment/natHelpFAQs.aspx